

2010 USAPL Texas Staas State Meet ~ Women

Name Age M/F Class Best Squat Best Bench Best Deadlift PL Total

Teen Division							
T1 (14 - 15)							
Amanda Lopez	14	F	52	80	37.5	75	192.5
Lindsey Suson	14	F	90	115	60	115	290.0
Anglea Rodriguez	15	F	56	97.5	45	115	257.5
Markie Abbott	15	F	67.5	115	62.5	127.5	305.0
Lisa Garza	15	F	90	182.5	70	175	427.5
Bench Only							
Brittnay Vessels	14	F	90	0	67.5	0	0.0
T2 (16 - 17)							
Stephanie Suarez	16	F	48	85	47.5	97.5	230.0
Jennifer Hernandez	17	F	52	110	45	112.5	267.5
Vanessa Cisneros	16	F	52	102.5	42.5	117.5	262.5
Victoria Franklin	17	F	56	115	50	130	295.0
Alma Rodriguez	16	F	60	122.5	62.5	132.5	317.5
Bianca Lancerio	17	F	60	110	65	127.5	302.5
Breley Seay	17	F	67.5	112.5	65	142.5	320.0
Ashleigh Andrews	16	F	75	142.5	67.5	160	370.0
Alexis Contreras	16	F	90	175	95	157.5	427.5
Jvonne Avila	16	F	UNL	232.5	80	190	502.5
Ryeann Hernandez	17	F	UNL	135	87.5	205	427.5
Alex Bixby	17	F	UNL	157.5	67.5	137.5	362.5
T3 (18 -19)							
Frances Martinez	18	F	48	62.5	37.5	97.5	197.5
Chinaz Ghafoor	18	F	52	115	57.5	117.5	290.0
Madalyn Allen	18	F	60	142.5	65	140	347.5
Rachel Bryant	18	F	82.5	120	72.5	145	337.5
MaRinda Cuff	19	F	UNL	182.5	85	122.5	390.0
Junior Division							
Dionna Poole	22	F	75	90	60	120	270.0
Open Division							
Jade Dickens	36	F	90	147.5	92.5	137.5	377.5
Masters Division							
M2 (45 - 49)							
Raw							
Maria Helia Marrs	45	F	56	90	50	117.5	257.5
Supported							
Chandra Armstead	48	F	67.5	132.5	75	125	332.5
M3 (50 - 54)							
Valerie Engle	53	F	67.5	90	47.5	117.5	255.0

40285 xas State Meet ~ Men

Name Age M/F Class Best Squat Best Bench Best Deadlift PL Total

Teen Division

T1 (14 - 15)							
Supported							
Donovan Flores	15	M	60	112.5	67.5	125	305.0
J.J. Gonzales	15	M	67.5	192.5	125	205	522.5
Miles Wilson	15	M	82.5	212.5	112.5	212.5	537.5
Michael Garcia	15	M	100	200	120	200	520
Raw							
Michael Greer	15	M	UNL	150	97.5	172.5	420
T2 (16 - 17)							
Supported							
Arturo Cervantez	17	M	75	187.5	120	197.5	505.0
Jose Perez	17	M	82.5	220	140	182.5	542.5
James Johnson	17	M	100	255	155	235	645
Jaime Menchaca	16	M	100	185	135	185	505
Preston Turner	17	M	110	320	245	267.5	832.5
Adam Aucoin	17	M	110	270	147.5	222.5	640
Ty Lawless	17	M	110	227.5	117.5	222.5	567.5
Josh Wallace	17	M	110	227.5	130	182.5	540
Zachary Perez	16	M	125	245	125	187.5	557.5
Raw							
Jimmy Cupo	16	M	110	200	100	210	510
Michael Escamilla	17	M	110	125	80	160	365
Jeffery Garcia	16	M	125	142.5	125	167.5	435
Robert Kelley	17	M	UNL	185	115	175	475
Bench Only							
Anthony Hambric	16	M	90	0	110	0	0
T3 (18 - 19)							

Supported							
Jordan Jones	18	M	75	200	155	215	570.0
Dominique Hardaway	18	M	82.5	227.5	115	252.5	595.0
Matthew Thomas	18	M	82.5	185	120	215	520.0
Joseph Walker	18	M	82.5	145	122.5	172.5	440.0
Joshua Heimbecker	19	M	82.5	145	0	0	0.0
Chase Gaddy	18	M	90	272.5	185	240	697.5
Robert Irving	18	M	90	255	150	237.5	642.5
Stefan Arias	18	M	90	250	155	232.5	637.5
Tyler Hudson	18	M	125	235	155	167.5	557.5
Raw							
Brad Podkulski	19	M	90	167.5	115	202.5	485
Bench Only							
Rusty Burris	18	M	67.5	0	140	0	0.0
Lawrence Brite	18	M	82.5	0	200	0	0.0
Dion Turner	18	M	UNL	0	220	0	0
Junior Division							

Supported							
Alexander Jowett	21	M	90	210	152.5	242.5	605
Cody Browder	20	M	100	240	0	255	0
C.J. Jarmillo	20	M	125	295	170	272.5	737.5
Raw							
Charles Wahlert	22	M	60	125	85	140	350.0
Ramiro Espinosa	21	M	82.5	190	147.5	232.5	570.0
Phillip Horsch	20	M	82.5	135	115	165	415.0
Jason Briggs	22	M	90	200	150	237.5	587.5
Howard Davison	22	M	90	182.5	137.5	222.5	542.5
Jason Smith	23	M	100	202.5	137.5	232.5	572.5
J.C. Wright	23	M	110	250	145	267.5	662.5
J.J. Natal	22	M	110	195	107.5	200	502.5
Chris Riley	23	M	125	272.5	162.5	287.5	722.5
Bench Only Raw							
Jeremey King	23	M	110	0	190	0	0
Open Division							
Supported							
Shawn Frasquillo	24	M	67.5	172.5	142.5	215	530.0
Darell Dansby	36	M	67.5	140	97.5	147.5	385.0
Clint Strittmatter	34	M	75	0	105	190	0.0
Jim Barnett	38	M	82.5	210	150	235	595.0
Esteban Narvaez	25	M	82.5	142.5	0	140	0.0
Curt St. Romain	32	M	90	262.5	165	225	652.5
Kaiser Young	39	M	90	205	177.5	195	577.5
Mark Riebel	29	M	90	197.5	145	212.5	555
Steven C. Halloway	30	M	90	0	150	237.5	0
Chad Smith	30	M	100	287.5	205	272.5	765
Jack Reape	48	M	110	275	207.5	252.5	735
Steven Lucio	37	M	110	240	182.5	237.5	660
Henry Thomason	30	M	UNL	410	155	242.5	807.5
Jesse Portillo, Jr.	27	M	UNL	265	185	202.5	652.5
Bench Only							
Steven Lucio	37	M	110	0	182.5	0	182.5
Michael Womack	28	M	UNL	0	320	0	320
Henry Thomason	30	M	UNL	0	155	0	155
Raw							
Brent Kim	24	M	82.5	207.5	117.5	205	530.0
Abel Gomez	25	M	90	185	122.5	212.5	520
Chris Martinez	36	M	100	197.5	160	212.5	570
Jorin Slaybaugh	28	M	100	175	130	185	490
Jerome Williams	36	M	110	240	167.5	272.5	680
Franklin Millstid	24	M	110	240	145	260	645
Michael Battaglino	24	M	110	232.5	127.5	252.5	612.5

Brian Robert	26	M	110	185	145	227.5	557.5
Allen Killingsworth	39	M	110	187.5	125	227.5	540
Steven Rose	30	M	125	217.5	150	247.5	615
Adam Nunnallee	30	M	125	0	0	0	0
Masters Division							
Supported							
M1 (40 -44)							
Doug Newcomer	44	M	67.5	142.5	100	172.5	415.0
M2 (45 - 49)							
Kevin Jones	47	M	67.5	180	120	185	485.0
Jack Reape	48	M	110	275	207.5	252.5	735
Derell Bowie	51	M	UNL	280	150	227.5	657.5
Tracy Glawe	47	M	110	0	0	0	0
M3 (50 -54)							
Jeff Capps	50	M	125	62.5	62.5	300	425
Bench Only							
M2 (45 - 49)							
Bigo Walker	48	M	UNL	0	115	0	0
Gary Kaiser	49	M	82.5	0	165	0	0.0
M3 (50 -54)							
Derell Bowie	51	M	UNL	280	150	227.5	657.5
Keith James	53	M	75	182.5	115	215	512.5
Raw							
M2 (45 - 49)							
Russell Kitani	45	M	125	205	185	185	575
M3 (50 -54)							
Ron Douglas	51	M	75	97.5	92.5	140	330.0
Lon Kilgore	51	M	82.5	142.5	102.5	167.5	412.5
Chuck Akers	50	M	100	185	117.5	207.5	510
Scott Brockelman	50	M	110	210	110	205	525
Bear Guinard	50	M	UNL	135	142.5	182.5	460
Bench Only Raw							
M2 (45 - 49)							
Jeff Reirdon	45	M	90	0	152.5	0	0
John Solleder	48	M	UNL	0	105	0	0
M3 (50 -54)							
Bill Eaton	54	M	125	0	132.5	0	0