

Ohio Powerlifting and Bench Championship

12/16/2010

Holiday Classic

Powerlifting Results Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	Wilks Coeff	Age	Age Coeff	SQ rack	SQ-1	SQ-2	SQ-3	Best SQ	BP rack	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	(1) PL Total	(2) Wilks Pts	(3) Wilks	Age	PI Code	Pl-Div- WtCls-Evt	USAPL Number	
CHANDRA ARMSTEAD		F-O	63.8	67.5	22	1.0638	49	1.113	7	-442.5	-442.5	112.5	112.5	13	65	-70	-72.5	65	177.5	112.5	122.5	140	140	317.5	337.756	375.923	1	1	1-F-O-67.5-PL		
WHITNEY HENDERSON		F-O	71.6	75	34	0.9797	32	1	9	-85	85	90	90	11	65	70	75	75	165	100	107.5	115	115	280	274.316	0.000	1	1	1-F-O-75-PL		
JEN AMMANN	ASG	F-OR	74.5	75	25	0.9547	36	1	12	97.5	107.5	120	120	10	52.5	60	-67.5	60	180	132.5	142.5	-450	142.5	322.5	307.891	0.000	1	1	1-F-OR-75-PL		
MALLORY LEGG	ASG	F-OR	80.8	82.5	30	0.91	27	1	13	102.5	105	-107.5	105	11	42.5	52.5	-57.5	52.5	157.5	125	135	142.5	142.5	300	273.000	0.000	1	1	1-F-OR-82.5-PL		
LISA MCADAMS	ASG	F-OR	78.5	82.5	29	0.9249	52	1.165	10	72.5	-80	80	80	12	45	-52.5	-52.5	45	125	-147.5	132.5	140	140	265	245.098	285.540	1	1	2-F-OR-82.5-PL		
TAYLOR GIFFORD	CUMBY	F-T	48	48	32	1.3244	16	1.13	13	67.5	72.5	77.5	77.5	11	-35	-35	35	35	112.5	62.5	75	87.5	87.5	200	264.880	299.314	1	1	1-F-T-48-PL		
KRYSTEN KRODLE	CUMBY	F-T	54.3	56	28	1.2054	16	1.13	10	82.5	90	97.5	97.5	8	42.5	47.5	52.5	52.5	150	85	95	105	105	255	307.377	347.336	1	1	1-F-T-56-PL		
KAYLA AKERS	CUMBY	F-T	66.2	67.5	27	1.0351	16	1.13	12	77.5	85	92.5	92.5	11	37.5	40	-47.5	40	132.5	102.5	112.5	-120	112.5	245	253.599	286.567	1	1	1-F-T-67.5-PL		
JOHN PORTER		M-M	88.7	90	1	0.6432	43	1.031	13	-475	-475	175	175	13	112.5	117.5	122.5	122.5	297.5	175	185	197.5	197.5	495	318.384	328.254	1	1	1-M-M-90-PL		
PAT ROBERTS	ASG	M-M	107.3	110	49	0.5932	53	1.184	18	272.5	300	-345	300	13	165	170	177.5	177.5	477.5	282.5	-305	320.5	320.5	798	473.374	560.474	1	1	1-M-M-110-PL		
GARY PAMPLIN		M-M	109.8	110	70	0.5888	53	1.184	13	182.5	0	0	182.5	11	160	0	0	160	342.5	182.5	0	0	182.5	525	309.120	365.998	1	2	2-M-M-110-PL		
JIM YAKUBOVSKY	OR	M-MR	98.2	100	45	0.6131	63	1.421	17	152.5	167.5	185	185	15	85	100	112.5	112.5	297.5	207.5	228	-245	228	525.5	322.184	457.824	1	1	1-M-MR-100-PL		
SCOTT BROCKELMAN		M-MR	107.5	110	52	0.5928	51	1.147	15	200	215	222.5	222.5	12	7	100	107.5	112.5	112.5	335	210	232.5	-237.5	232.5	567.5	336.414	385.867	1	1	1-M-MR-110-PL	
PHIL WYLIE	ASG	M-MR	113.3	125	50	0.5834	45	1.055	18	205	232.5	242.5	242.5	10	170	185	-190	185	427.5	250	277.5	290	290	717.5	418.590	441.612	1	1	1-M-MR-125-PL		
NORMAN RICE		M-MR	151.3	125+	48	0.5526	44	1.043	22	185	205	-230	205	22	102.5	125	-145	125	330	185	205	227.5	227.5	557.5	308.075	321.322	1	1	1-M-MR-125+-PL		
ERIC TORRES		M-O	52	52	24	0.9813	18	1.06	8	160	170	-183	170	8	112.5	122.5	132.5	132.5	302.5	185	200	210	210	512.5	502.916	533.091	1	1	1-M-O-52-PL		
CAMERON BARRILLEAUX		M-O	82.2	82.5	4	0.6714	20	1.03	16	240	257.5	265	265	12	6	165	175	-182.5	175	440	202.5	212.5	-220	212.5	652.5	438.089	451.231	1	1	1-M-O-82.5-PL	
JONATHAN DURAN	C OF C	M-O	81.9	82.5	9	0.6729	21	1.02	16	212.5	222.5	-232.5	222.5	12	13	137.5	145	150	150	372.5	215	230	240	240	612.5	412.151	420.394	1	2	2-M-O-82.5-PL	
RODOLFO RODRIGUEZ	C OF C	M-O	84.3	90	15	0.6615	21	1.02	16	-447.5	130	150	150	13	-95	100	-140	100	250	180	-200	-200	180	430	284.445	290.134	1	1	1-M-O-90-PL		
PAT KROKEN	ASG	M-O	84.5	90	31	0.6606	63	1.421	13	65	-70	70	70	10	-37.5	37.5	-40	37.5	107.5	97.5	107.5	112.5	112.5	220	145.332	206.517	1	2	2-M-O-90-PL		
PATRICK SCHWARZ		M-O	99.5	100	57	0.6098	37	1	18	-245	-225	225	225	11	8	147.5	-167.5	-167.5	147.5	372.5	215	227.5	-232.5	227.5	600	365.880	0.000	1	1	1-M-O-100-PL	
PAT ROBERTS	ASG	M-O	107.3	110	49	0.5932	53	1.184	18	272.5	300	-345	300	13	165	170	177.5	177.5	477.5	282.5	-305	320.5	320.5	798	473.374	560.474	1	1	1-M-M-110-PL		
KYLE RAMSEY		M-O	109.9	110	46	0.5887	20	1.03	16	272.5	287.5	0	287.5	12	175	182.5	187.5	187.5	475	237.5	255	-272.5	255	730	429.751	442.644	1	2	2-M-O-110-PL		
JASON FORRESTER	C OF C	M-O	104.9	110	44	0.5978	21	1.02	17	-450	-455	155	155	15	125	137.5	145	145	300	150	-167.5	-167.5	150	450	269.010	274.390	1	3	3-M-O-110-PL		
HENRY THOMASON		M-O	141	125+	42	0.5582	31	1	13	400	427.5	0	427.5	13	145	275	-300	275	702.5	105	-275	275	275	977.5	545.641	0.000	1	1	1-M-O-125+-PL		
DERRICK GOVE	ASG	M-OR	81.2	82.5	6	0.6764	23	1	15	192.5	212.5	-233	212.5	12	115	130	-137.5	130	342.5	205	235	268	268	610.5	412.942	412.942	1	1	1-M-OR-82.5-PL		
HUAIYU TAN		M-OR	79.7	82.5	8	0.6843	33	1	9	165	175	-180	175	9	115	125	-130	125	300	200	210	215	215	515	352.415	0.000	1	2	2-M-OR-82.5-PL		
VINNY WEINSTEIN	ASG	M-OR	89.4	90	16	0.6406	31	1	14	142.5	160	-167.5	160	12	95	97.5	-100	97.5	257.5	182.5	205	212.5	212.5	470	301.082	0.000	1	1	1-M-OR-90-PL		
NATHAN NEWTON	ASG	M-OR	96.9	100	47	0.6166	31	1	17	165	182.5	-187.5	182.5	14	-102.5	105	-140	105	287.5	182.5	205	-227.5	205	492.5	303.675	0.000	1	1	1-M-OR-100-PL		
RANDALL HARRIS	ASG	M-OR	158.5	125+	51	0.549	31	1	17	1	295	-320	320	15	215	227.5	235	235	555	295	320	327.5	327.5	882.5	484.493	0.000	1	1	1-M-OR-125+-PL		
BRANDON JONES	CUMBY	M-T	53.9	56	21	0.9457	15	1.18	11	110	117.5	125	125	11	65	70	75	75	200	110	120	130	130	330	312.081	368.256	1	1	1-M-T-56-PL		
JUSTIN BARNETT		M-T	66.5	67.5	10	0.7804		0	13	160	172.5	-182.5	172.5	13	117.5	-132.5	-132.5	117.5	290	182.5	200	-240	200	490	382.396	0.000	1	1	1-M-T-67.5-PL		
ANTHONY HAMBRIC		M-T	88.8	90	71	0.6428	16	1.13	20	170	185	-192.5	185	15	117.5	125	127.5	127.5	312.5	165	172.5	185	185	497.5	319.793	361.366	1	1	1-M-T-90-PL		
KYLE RAMSEY		M-T	109.9	110	46	0.5887	20	1.03	16	272.5	287.5	0	287.5	12	175	182.5	187.5	187.5	475	237.5	255	-272.5	255	730	429.751	442.644	1	1	1-M-T-110-PL		
ARRON GONZALES		M-T	137.4	125+	55	0.5604	19	1.04	12	317.5	342.5	-365	342.5	10	210	220	227.5	227.5	570	212.5	227.5	245	245	815	456.726	474.995	1	1	1-M-T-125+-PL		
ZACHARY NUSSELL	ASG	M-TR	50.3	52	35	1.0166	15	1.18	12	45	52.5	-60	52.5	10	30	35	-40	35	87.5	70	82.5	97.5	97.5	185	188.071	221.924	1	1	1-M-TR-52-PL		
DYLAN HOOPER	OR	M-TR	50.6	52	23	1.0101	14	1.23	15	45	57.5	-80	57.5	14	-32.5	-40	40	40	97.5	62.5	-82.5	87.5	87.5	185	186.869	229.848	1	2	2-M-TR-52-PL		
TREY WILLIS	OR	M-TR	58	60	33	0.8802	14	1.23	15	-47.5	47.5	67.5	67.5	12	42.5	-50	50	50	117.5	67.5	90	102.5	102.5	220	193.644	238.182	1	1	1-M-TR-60-PL		
BEN SONG	OR	M-TR	67.4	67.5	2	0.7719	17	1.08	14	112.5	-132.5	-132.5	112.5	10	92.5	100	110	110	222.5	142.5	165	185	185	407.5	314.549	339.713	1	1	1-M-TR-67.5-PL		
LUCAS D'AGOSTINO	OR	M-TR	73.6	75	11	0.7221	15	1.18	17	105	132.5	-147.5	132.5	15	67.5	-72.5	-72.5	67.5	200	115	142.5	167.5	167.5	367.5	265.372	313.139	1	1	1-M-TR-75-PL		
BRAYDEN FRANK	OR	M-TR	70.3	75	3	0.7469	17	1.08	10	82.5	97.5	-102.5	97.5	12	67.5	75	90	90	187.5	102.5	125	-150	125	312.5	233.406	252.079	1	2	2-M-TR-75-PL		
MILES WILSON	OR	M-TR	80.3	82.5	14	0.6811	16	1.13	14	142.5	160	-170	160	11	82.5	90	95	95	255	160	182.5	205	205	460	313.306	354.036	1	1	1-M-TR-82.5-PL		
GRANT VON WILSHIM	OR	M-TR	81.2	82.5	7	0.6764	17	1.08	20	102.5	117.5	132.5	132.5	16	82.5	90	97.5	97.5	230	137.5	155	175	175	405	273.942	295.857	1	2	2-M-TR-82.5-PL		
MICHAEL HOHN	OR	M-TR	78.9	82.5	13	0.6888	18	1.06	21	92.5	112.5	122.5	122.5	12	77.5	87.5	-90	87.5	210	162.5	185	-245	185	395	272.076	288.401	1	3	3-M-TR-82.5-PL		
COLLIN CONWAY	OR	M-TR	77.6	82.5	5	0.6963	15	1.18	15	72.5	-82.5	82.5	82.5	14	55	60	67.5	67.5	150	92.5	105	125									

Ohio Powerlifting and Bench Championship

ADAM NUNNALLEE		M-O	116.5	125	53	0.5791	30	1						13	227.5	227.5	237.5	227.5							227.5	131.745	0.000	1	1-M-O-125-BP
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Side Referee

Chief Referee

Side Referee
