

## 2012 USAPL Rio Grande Valley Powerlifting Championships

July 7, 2012 - McAllen, Texas

Meet Directors: Wes & Molly Zunker

### Women's Powerlifting

Place	Name	Team	Div	Body Weight	Weight Class	Age	Squat			Bench Press			Sub Total	Deadlift			Total	Wilks Points
							1	2	3	1	2	3		1	2	3		
1	Jamie Ritter		Raw Masters	86.7	90	66	47.5	57.5	62.5	27.5	35.0	<del>37.5</del>	97.5	67.5	80.0	85.0	182.5	160.2898
-	Regina Elizondo	TE	Teen	108.7	90+	18	185.0	192.5	200.0	105.0	-110.0	-110.0	305.0	-160.0	-160.0	-160.0		

### Men's Powerlifting

Place	Name	Team	Div	Body Weight	Weight Class	Age	Squat			Bench Press			Sub Total	Deadlift			Total	Wilks Points
							1	2	3	1	2	3		1	2	3		
1	Gustavo Maldonado	RGC	Teen	66.3	67.5	18	160.0	182.5	195.0	-82.5	82.5	-92.5	277.5	172.5	-182.5	182.5	460.0	359.8580
2	Jerry Pena	RGC	Teen	65	67.5	16	160.0	172.5	-182.5	72.5	77.5	82.5	255.0	160.0	172.5	182.5	437.5	347.9000
1	Abram Guerra	RGC	Teen	81.8	82.5	17	<del>260.0</del>	260.0	282.5	157.5	-167.5	167.5	450.0	240.0	-250.0	-250.0	690.0	464.6460
1	Erasmio Canales	RGC	Teen	83.1	90	17	<del>205.0</del>	205.0	-215.0	-142.5	142.5	150.0	355.0	-205.0	205.0	-215.0	560.0	373.5200
1	Eli Escaname		Teen	96.2	100	17	<del>177.5</del>	177.5	-190.0	112.5	120.0	130.0	307.5	-175.0	175.0	177.5	485.0	300.0210
1	Richard Pena		Raw Teen	91.9	100	18	182.5	205.0	-232.5	110.0	125.0	-137.5	330.0	202.5	-220.0	-220.0	532.5	336.4335
1	Brian Bowman		Raw Teen	108.2	110	17	180.0	197.5	-215.0	125.0	-130.0	-130.0	322.5	172.5	180.0	187.5	510.0	301.7160

### Men's Push-Pull

Place	Name	Team	Div	Body Weight	Weight Class	Age	Bench Press			Deadlift			Total	Wilks Points
							1	2	3	1	2	3		
1	Cristian Guajardo		Teen	133	125+	18	-160.0	170.0	190.0	-215.0	215.0	240.0	430.0	242.2620

### Men's Bench Press Only

Place	Name	Team	Div	Body Weight	Weight Class	Age	Bench Press			Best BP	Wilks Points
							1	2	3		
1	Cadet Bryant		Raw Open	65.1	67.5	38	97.5	-102.5	102.5	102.5	81.4055
1	Richard Pena		Raw Teen	91.9	100	18	110.0	125.0	-137.5	125.0	78.9750
1	Brian Bowman		Raw Teen	108.2	110	17	125.0	-130.0	-130.0	125.0	73.9500