

2013 USAPL Longhorn Open

November 23, 2013 - University of Texas - Austin, Texas

Meet Director: Kim Beckwith

Women Powerlifting

Place	Name	Division	Body Weight	Weight Class	Age	Squat			Bench Press			Sub Total	Deadlift			Total	Wilks Points
						1	2	3	1	2	3		1	2	3		
1	Ana Zigler	Open	45.8	48	26	110	122.5	127.5	60	65	70	197.5	125	-132.5	-132.5	322.5	441.793
1	Sabra Warren	Teen (16-17)	45.2	48	17	87.5	97.5	102.5	50	60	65	167.5	82.5	92.5	95	262.5	362.906
1	Ashlee Alteri	Collegiate Raw	51.0	52	20	75	-82.5	-82.5	45	-50	-50	120	85	90	95	215	272.061
1	Alyssa Gaitan	Collegiate	54.8	56	18	127.5	-137.5	-137.5	60	-65	-65	187.5	105	132.5	147.5	335	400.894
	Wendy Zamora	Collegiate	54.2	56	21	102.5	112.2	-115	-70	-70	-70		100	110	120		
1	Elena Astello	Collegiate Raw	55.5	56	20	82.5	87.5	90	40	45	-50	135	122.5	137.5	142.5	277.5	328.810
1	Emily Gardner	Youth Raw	53.9	56	13	90	97.5	102.5	52.5	57.5	63	165.5	82.5	92.5	-97.5	258	312.773
1	Angelica Sanchez	Teen (18-19)	53.1	56	18	87.5	102.5	112.5	37.5	42.5	47.5	160	90	105	110	270	331.182
1	Krystin Krodle	Collegiate	59.4	60	19	137.5	-145	145	55	62.5	77.5	222.5	125	127.5	-132.5	350	393.260
1	Ashley Ackett	Collegiate Raw	59.9	60	20	72.5	82.5	92.5	-57.5	57.5	65	157.5	115	132.5	137.5	295	329.308
1	Mihaela "Michelle" Marinova	Junior Raw	59.1	60	22	-72.5	72.5	75	47.5	50	-52.5	125	92.5	97.5	-102.5	222.5	251.002
1	Pattie Farley	Masters (40-44) Raw	57.6	60	42	85	92.5	100	52.5	55	57.5	157.5	112.5	125		282.5	325.129
1	Nicole Gonzalez	Open Raw	59.2	60	30	132.5	137.5	-140	67.5	70	72.5	210	145	-155	-155	355	399.943
1	Lolita Galdones	Collegiate	64.6	67.5	18	90	102.5	-117.5	65	75	82.5	185	115	-130	135	320	337.248
1	Eva Mendoza	Collegiate Raw	64.7	67.5	20	60	-77.5	77.5	47.5	52.5	57.5	135	102.5	105	112.5	247.5	260.543
1	Theresa Willis	Masters (40-44) Raw	66.7	67.5	43	90	97.5	-102.5	50	55	-57.5	152.5	125	137.5	0	290	298.526
1	Kimberly Nash	Masters (45-49) Raw	63.3	67.5	45	102.5	112.5	-117.5	52.5	57.5	-60	170	102.5	110	117.5	287.5	307.654
1	Kitty Page	Masters (60-64) Raw	65.5	67.5	62	37.5	42.5	45	27.5	30	-32.5	75	67.5	75	82.5	157.5	164.304
1	Carolyn Olson	Open Raw	65.0	67.5	27	102.5	112.5	120	62.5	65	-70	185	157.5	170	-182.5	355	372.431
2	Amber Bone	Open Raw	67.2	67.5	29	92.5	102.5	-107.5	75	-85	-85	177.5	115	125	130	307.5	314.849
3	Jessica Doyle	Open Raw	62.8	67.5	30	82.5	90	-95	42.5	45	47.5	137.5	115	127.5	135	272.5	293.346
4	April Coburn	Open Raw	61.8	67.5	32	70	75	80	37.5	42.5	-47.5	122.5	75	-80	85	207.5	226.134
	Megan Smith	Open Raw	62.7	67.5	30	-110	110	-112.5	57.5	-62.5	0	167.5	-132.5				
1	Tina LeBlanc	Masters (45-49) Raw	71.9	75	45	65	70	77.5	47.5	52.5	55	132.5	95	102.5	-110	235	229.571
1	Deborah Keenan	Masters (55-59)	72.3	75	57	45	50	55	35	40	42.5	97.5	45	70	92.5	190	184.946
1	Josephine Hinds	Open Raw	69.8	75	31	95	100	107.5	50	52.5	55	162.5	120	130	137.5	300	299.040
1	Shyann Waters	Teen (18-19)	67.8	75	19	112.5	120	-130	65	72.5	77.5	197.5	127.5	140	145	342.5	348.460
1	Kenda Wittenburg	Teen (16-17) Raw	77.5	82.5	17	102.5	110	115	47.5	52.5	55	170	117.5	130	135	305	284.199
1	Cristina Zadorojny	Open	84.5	90	34	125	137.5	-145	72.5	-77.5	77.5	215	155	165	-170	380	337.858
1	Desiree Trinidad	Collegiate Raw	89.0	90	18	-122.5	127.5	137.5	77.5	85	-92.5	222.5	130	145	157.5	380	329.878
1	KayDee Sexton	Teen (14-15)	88.8	90	15	130	145	-157	55	65	-70	210	127.5	137.5	145	355	308.495
1	Sarah Walker	Teen (16-17)	86.8	90	17	132.5	150	162	72.5	80	85	247	132.5	145	150	397	348.487

Men Powerlifting

Place	Name	Division	Body Weight	Weight Class	Age	Squat			Bench Press			Sub Total	Deadlift			Total	Wilks Points
						1	2	3	1	2	3		1	2	3		
1	Sahir Alibhai	Teen (14-15) Raw	46.5	52	15	62.5	-70	70	42.5	45	47.5	117.5	72.5	85	92.5	210	233.037
1	Jason Nguyen	Teen (16-17) Raw	49.4	52	16	80	87.5	-113	50	55	-57.5	142.5	102.5	117.5	135.5	278	288.203
1	Zachary Young	Youth Raw	43.6	52	12	42.5	50	55	20	25	30	85	57.5	72.5	75	160	191.648
1	Jorge Saldana	Teen (16-17)	51.5	52	16	137.5	-140	142.5	77.5	85	-90	227.5	-150	150	160	387.5	384.129

1	Patrick Cardillo	Junior Raw	59.6	60	22	-120	125	135	92.5	100	-105	235	152.5	167.5	177.5	412.5	353.966
1	Darion McMahan	Collegiate Raw	65.5	67.5	19	167.5	185	-192.5	125	-130	130	315	182.5	190	200	515	406.901
1	Patrick Larson	Masters (45-49) Raw	67.3	67.5	46	102.5	-112.5	120	-87.5	95	-97.5	215	135	147.5	160	375	289.837
1	Shawn Frasquillo	Open Raw	66.9	67.5	27	177.5	190	197.5	140	150	155.5	353	227.5	240.5	-250.5	593.5	460.912
2	Kevin Escalante	Open Raw	66.2	67.5	24	145	157.5	-162.5	122.5	125	-127.5	282.5	185	-190	-192.5	467.5	366.146
1	Sahil Bhutani	Teen (14-15) Raw	64.9	67.5	15	107.5	115	120	-62.5	72.5	-77.5	192.5	125	137.5	-142.5	330	262.746
2	Sam Mitchell	Teen (14-15) Raw	62.9	67.5	15	72.5	80	92.5	47.5	52.5	60	152.5	80	90	100	252.5	206.494
1	Sagar Patel	Teen (16-17) Raw	65.5	67.5	17	87.5	95	120	70	75	82.5	202.5	107.5	125	140	342.5	270.609
2	Blake Echols	Teen (16-17) Raw	66.0	67.5	16	105	115	-125	65	75	-85	190	125	137.5	152.5	342.5	268.931
1	Michael Cobb	Collegiate	71.4	75	22	152.5	157.5	165	90	95	-100	260	142.5	157.5	-175	417.5	308.240
1	Lee Smith	Collegiate Raw	73.5	75	19	115	127.5	135	85	92.5	-97.5	227.5	145	165	182.5	410	296.348
1	Luis Rangel	Junior Raw	73.3	75	20	145	152.5	160	112.5	125	-130	285	182.5	-195		467.5	338.564
1	Brian C. Murfin	Masters (45-49) Raw	68.1	75	48	60	82.5	-90	60	82.5	-87.5	165	100	115	125	290	222.024
1	Duane Young	Masters (50-54) Raw	74.4	75	53	137.5	-147.5	150	92.5	100	-105	250	175	190	202.5	452.5	324.262
1	Al King	Masters (65-69) Raw	71.1	75	65	122.5	132.5	137.5	62.5	67.5	-70	205	140	150	-155	355	262.913
1	Tim Lamando	Open Raw	74.5	75	34	200	-210	215	120	132.5	0	347.5	232.5	252.5	-262.5	600	429.540
2	Matthew Arnold	Open Raw	74.2	75	29	160	167.5	-175	110	122.5	127.5	295	182.5	192.5	-197.5	487.5	349.976
3	Eric Reeves	Open Raw	74.8	75	34	137.5	147.5	-155	97.5	102.5	110	257.5	172.5	-187.5	187.5	445	317.686
1	Dusty Leenhouts	Teen (14-15) Raw	72.2	75	14	55	60	65	35	37.5	42.5	107.5	62.5	70	80	187.5	137.288
1	Chance Alexander	Teen (16-17) Raw	74.2	75	16	160	180	193	82.5	90	95	288	180	208	220	508	364.693
2	Alex Diaz	Teen (16-17) Raw	75.0	75	16	102.5	112.5	125	55	60	70	195	112.5	125	145	340	242.284
3	Cade Wooten	Teen (16-17) Raw	71.7	75	16	100	110	115	62.5	67.5	-75	182.5	110	125	147.5	330	242.880
4	Trey Sowell	Teen (16-17) Raw	71.8	75	17	105	115	-120	62.5	70	-80	185	115	130	145	330	242.616
5	Tate Hunter	Teen (16-17) Raw	68.9	75	15	77.5	85	105	-62.5	62.5	-72.5	167.5	92.5	102.5	115	282.5	214.304
6	Lee Gaines	Teen (16-17) Raw	72.8	75	16	82.5	90	100	-42.5	42.5	-50	142.5	92.5	102.5	112.5	255	185.589
1	Bryan Robb	Masters (18-19) Raw	74.8	75	18	112.5	122.5	130	60	65	-80	195	127.5	140	155	350	249.865
1	Blake Lehew	Teen (18-19)	73.9	75	18	227.5	-245	-245	192.5	-200	-200	420	225	240	-245	660	475.200
1	Abram Guerra	Collegiate	81.6	82.5	18	262.5	282.5	292.5	175	-185	185	477.5	262.5	-275	275	752.5	507.486
2	Alexander Cervantez	Collegiate	81.7	82.5	21	200	212.5	-227.5	142.5	-150	-150	355	225	237.5	242.5	597.5	402.655
	Omar Chavez	Collegiate	81.2	82.5	18	145	152.5	-160	-97.5	107.5	120	272.5	-210	-210	-210		
1	Benigno Paz	Collegiate Raw	76.2	82.5	19	147.5	160	170	92.5	100	-107.5	270	205	215	-225	485	341.828
	Hunter Weatherford	Collegiate Raw	76.9	82.5	25	-105	105	-125	-125	-125	-125		182.5	192.5	-197.5		
1	Randy Valentine	Masters (40-44) Raw	79.6	82.5	40	115	120	125	92.5	-97.5	-97.5	217.5	167.5	175	182.5	400	273.960
1	Ben Pollack	Open Raw	81.6	82.5	26	-220	-220	220	137.5	-145	-145	357.5	265	-282.5	-282.5	622.5	419.814
2	Coy Schneider	Open Raw	81.8	82.5	28	217.5	227.5	-235	132.5	-142.5	-142.5	360	-242.5	-242.5	242.5	602.5	405.723
3	Mike Tyler	Open Raw	82.4	82.5	24	175	-185	-185	125	130	142.5	317.5	180	192.5	-200	510	341.904
4	Zechariah Guadiana	Open Raw	79.9	82.5	26	137.5	147.5	160	102.5	105	-110	265	170	180	-190	445	304.024
1	Andrew White	Teen (16-17) Raw	80.7	82.5	16	85	92.5	-110	50	55	62.5	155	102.5	115	137.5	292.5	198.608
1	Austin Schaffer	Masters (18-19) Raw	79.1	82.5	18	85	92.5	110	55	60	67.5	177.5	95	135	152.5	330	226.908
	Rabih Abifaraj	Collegiate	85.1	90	21	200	210	-220	-150	-150	-150		195	-210	-210		
1	Gerald Horne II	Open	89.1	90	19	217.5	-230	-230	130	-142.5	-142.5	347.5	202.5	215	-235	562.5	360.956
2	Sam Nemir	Collegiate Raw	86.6	90		197.5	205	-212.5	135	142.5	-150	347.5	212.5	220	240	587.5	382.756
1	Rory Tatum	Collegiate Raw	89.2	90	25	230	240	250	130	135	-137.5	385	215	230	-235	615	394.400
1	Michael Gomez	Junior Raw	86.0	90	20	165	175	182.5	122.5	127.5	-137.5	310	172.5	185	205	515	336.810
3	Tyler West	Open Raw	88.3	90	24	155	162.5	-170	-112.5	117.5	-127.5	280	197.5	207.5	215	495	319.126
2	Tanner Scarcella-Autrey	Open Raw	84.1	90	28	170	182.5	192.5	97.5	107.5	-115	300	182.5	202.5	-227.5	502.5	332.856
1	Rory Tatum	Open Raw	89.2	90	25	230	240	250	130	135	-137.5	385	215	230	-235	615	394.400
2	Nick Tran	Teen (14-15) Raw	86.1	90	15	92.5	100	110	42.5	47.5	-52.5	157.5	102.5	112.5	137.5	295	192.812

1	Noor Wafayee	Teen (14-15) Raw	89.8	90	15	90	100	115	75	-82.5	82.5	197.5	112.5	130	185	382.5	244.456
1	Robin Agir	Teen (16-17) Raw	84.2	90	16	110	120	135	62.5	67.5	-70	202.5	117.5	135	142.5	345	228.355
1	Gerald Horne II	Teen (18-19)	89.1	90	19	217.5	-230	-230	130	-142.5	-142.5	347.5	202.5	215	-235	562.5	360.956
1	Clayton Hensley	Collegiate	98.6	100	18	205	220	232.5	155	170	-180	402.5	205	225	-250	627.5	384.093
2	Ivan Sauerzopf	Collegiate	98.2	100	20	222.5	-235	235	127.5	-137.5	-137.5	362.5	222.5	242.5	250	612.5	375.524
3	Blake Sears	Collegiate	96.5	100	18	165	175	180	-100	100	110	290	155	170	190	480	296.496
1	Samuel Swift	Open	97.0	100	28	215	227.5	245	155	-167.5	167.5	412.5	207.5	-220	220	632.5	389.810
1	Gregory Johnson	Collegiate Raw	97.7	100	23	235	247.5	260	142.5	152.5	157.5	417.5	305	322.5	340	757.5	465.408
2	Nathan Westbrook	Collegiate Raw	97.2	100	21	252.5	-265	265	155	165	172.5	437.5	275	287.5	-292.5	725	446.455
1	Dave Watanabe	Masters (45-49) Raw	98.0	100	47	165	177.5	-182.5	135	-150	150	327.5	182.5	202.5	-217.5	530	325.208
2	Burke Willis	Masters (45-49) Raw	94.6	100	46	142.5	155	160	82.5	-92.5	-92.5	242.5	147.5	160	167.5	410	255.512
1	Chuck Akers	Masters (50-54) Raw	99.7	100	54	182.5	197.5		132.5	137.5	-140	335	185			520	316.836
1	Richard Kuriger	Masters (70-74) Raw	95.2	100	71	60	-70	70	40	-42.5	-42.5	110	105	120	-127.5	230	142.922
1	Charles Gonzales	Open Raw	98.3	100	29	190	200	205	132.5	137.5	142.5	347.5	250	262.5	272.5	620	379.998
2	Chuck Akers	Open Raw	99.7	100	54	182.5	197.5		132.5	137.5	-140	335	185			520	316.836
3	Benjamin Cochran	Open Raw	97.0	100	30	170	-182.5	182.5	92.5	97.5	-102.5	280	190	-205	-205	470	289.661
4	Spencer Jolly	Open Raw	92.1	100	24	130	135	-140	80	85	-92.5	220	150	160	175	395	249.284
1	Jesse Burttshell	Collegiate	105.3	110	20	282.5	292.5	-305	142.5	-215	-215	435	260	272.5	290	725	432.825
2	Troy Aalund	Collegiate	106.7	110	23	-225	227.5	235	142.5	152.5	-165	387.5	225	235	-237.5	622.5	369.952
1	Alan Krockover	Masters (45-49)	102.6	110	45	-240	260	-272.5	162.5	172.5	180	440	-230	240	-252.5	680	409.768
1	Bill Eaton	Masters (55-59)	109.6	110	57	102.5	-115	-127.5	175	-192.5	-195	277.5	142.5	157.5	-167.5	435	256.302
1	JC Wright	Open	104.0	110	27	300	-317.5	-322.5	207.5	-220	220	520	290	302.5	315	835	500.666
2	Eric Lopez	Open	108.2	110	24	272.5	-290	-295	-235	-235	235	507.5	242.5	265	-272.5	772.5	457.011
3	Luis Munoz III	Open	103.3	110	25	225	242.5	-250	165	175	-177.5	417.5	207.5	-217.5	-217.5	625	375.688
1	David Nix	Masters (45-49) Raw	107.8	110	45	200	210	220	137.5	145		365	190	210	227.5	592.5	350.938
1	Marcus Warren	Open Raw	106.7	110	39	-215	220	230	125	170	-182.5	400	247.5	-257.5	260	660	392.238
1	Scott Dobbins	Collegiate	119.1	125	21	255	267.5	275	155	167.5	-180	442.5	250	260	-272.5	702.5	404.570
1	Ed McKelvey	Open	122.8	125	36	255	272.5	-285	-210	210	-217.5	482.5	255	272.5	-290	755	431.860
1	Seneca Sarnella	Open Raw	118.5	125	33	255	-272.5	272.5	170	182.5	190	462.5	277.5	-290	-290	740	426.684
2	Ashley Acheson	Open Raw	110.4	125	37	197.5	-205	-210	170	-175	-175	367.5	240	242.5	-250	610	358.558
3	Kevin Dunn	Open Raw	116.3	125	32	155	165	175	105	110	115	290	190	205	-210	495	286.753
1	Uilliam Hanna	Teen (16-17) Raw	123.4	125	17	175	185	-200	110	120	127.5	312.5	185	200	-205	512.5	292.842
1	Jeremy Matschek	Masters (18-19) Raw	123.0	125	19	180	192.5	212.5	160	165	175	387.5	212.5	227.5	-237.5	615	351.657
1	Scott Parker	Masters (40-44) Raw	150.5	125+	40	170	185	192.5	102.5	107.5	115	307.5	135	152.5	167.5	475	262.675
1	Abraham Rodriguez	Teen (16-17) Raw	130.1	125+	16	182.5	-200	227.5	82.5	90	100	327.5	175	190	230	557.5	315.266

Women Push-Pull

Place	Name	Division	Body Weight	Weight Class	Age	Bench Press			Deadlift			Total	Wilks Points
						1	2	3	1	2	3		
1	Kimberly Nash	Masters (45-49) Raw	63.3	67.5	45	52.5	57.5	-60	102.5	110	117.5	175	187.267
1	Jessica Doyle	Open Raw	62.8	67.5	30	42.5	45	47.5	115	127.5	135	182.5	196.461
1	Dena Shirley	Open Raw	115.7	90+	39	80	-87.5	-93	125	140	152.5	232.5	187.163

Men Push-Pull

Place	Name	Division	Body Weight	Weight Class	Age	Bench Press			Deadlift			Total	Wilks Points
						1	2	3	1	2	3		
1	Al King	Masters (65-69) Raw	71.1	75	65	62.5	67.5	-70	140	150	-155	217.5	161.080
1	Tim Lamando	Open Raw	74.5	75	34	120	132.5	0	232.5	252.5	-262.5	385	275.622

1	Richard Kuriger	Masters (70-74) Raw	95.2	100	71	40	-42.5	-42.5	105	120	-127.5	160	99.424
---	-----------------	---------------------	------	-----	----	----	------------------	------------------	-----	-----	-------------------	-----	--------

Men Bench Press Only

Place	Name	Division	Body Weight	Weight Class	Age	Bench Press			Wilks Points
						1	2	3	
1	Charlie Turco	Masters (40+)	104.2	110	57	-237.5	237.5	-260	142.310
2	Brian Kline	Masters (40+)	95.5	100	63	187.5	-192.5	-192.5	116.362
1	Mike Settles	Masters (40+) Raw	80.9	82.5	69	115	120	-125	81.348
2	Sam Felts	Masters (40+) Raw	59.5	60	61	-100	100	107.5	92.385
3	James Pruett	Masters (40+) Raw	97.4	100	50	155	162.5	167.5	103.046
4	Paul Gates	Masters (40+) Raw	108.9	110	52	142.5	155	-165	91.497
5	Patrick Larson	Masters (40+) Raw	67.3	67.5	46	-87.5	95	-97.5	73.425
6	Richard Kuriger	Masters (40+) Raw	95.2	100	71	40	-42.5	-42.5	24.856
1	Willie Porter	Open Raw	123.2	125	32	182.5	200	207.5	118.607
2	Ashley Acheson	Open Raw	110.4	125	37	170	-175	-175	99.926