

2013 USAPL Texas Regional Championships

December 7-8, 2013 - San Antonio, Texas

Meet Director: Wes Zunker

Women's Collegiate Powerlifting

Place	Name	Team	Body Weight	Weight Class	Age	Squat			Bench Press			Sub Total	Deadlift			Total	Wilks Points
						1	2	3	1	2	3		1	2	3		
1	Tiffany Vu	UT	42.45	43	20	77.5	87.5	97.5	40	45	45	132.5	102.5	112.5	125	257.5	371.135
2	Amanda Rodriguez	guest	43	43	17	82.5	92.5	92.5	42.5	45	47.5	130	82.5	92.5	100	222.5	318.064
1	Victoria Vargas	UTSA	46.5	47	18	122.5	122.5	130	87.5	92.5	92.5	217.5	132.5	137.5	145	355	481.131
2	Hllegra Hudson	UTSA	45.45	47	19	125	132.5	135	57.5	60	62.5	187.5	130	135	140	327.5	451.066
3	Ashley Guzman	UT	47	47	18	70	77.5	82.5	32.5	37.5	37.5	115	67.5	75	82.5	197.5	265.618
1	Desiree Estrada	UTSA	49.45	52	21	125	130	130	52.5	57.5	62.5	192.5	135	142.5	150	335	433.959
2	Gabrielle Hurley	UT	48.8	52	19	95	100	105	42.5	47.5	50	150	105	112.5	120	270	353.241
3	Raquel Salinas	UT	49.65	52	21	75	75	75	37.5	40	40	115	80	85	95	210	271.215
4	Alexsandra Trevino	UT	47.85	52	21	65	72.5	75	40	45	47.5	120	75	82.5	87.5	207.5	275.456
5	Cameron Ruiz	UT	51.65	52	18	62.5	67.5	72.5	30	35	37.5	107.5	90	95	100	207.5	260.018
	Sydney Horton	UT	51.05	52	19	80	80	80	37.5	37.5	40		92.5	97.5	100		
1	Brittany Flores	PAC	57.1	63	20	130	140	152.5	72.5	80	85	225	155	165	175	400	463.520
2	Giovanna Ortega	UTSA	61.1	63	19	165	175	175	67.5	75	85	240	152.5	160	165	400	439.760
3	Amanda Vega		57.05	63	19	112.5	115	115	60	60	62.5	172.5	125	132.5	135	305	353.678
4	Alexandria Rosales		61.7	63	23	117.5	127.5	127.5	57.5	62.5	67.5	180	100	105	115	295	321.874
5	Lauren Lumague	UT	61.15	63	19	65	77.5	90	30	35	40	125	95	107.5	115	240	263.688
6	Meghali Chopra	UT	61.65	63	24	62.5	67.5	75	50	55	55	117.5	87.5	102.5	115	232.5	253.843
	Samantha Neal	UT	61.4	63	18	85	85	95	42.5	47.5	50		92.5	100	105		
	Cameron King	UTSA	61.75	63	61	85	95	100	27.5	47.5	50		85	97.5	100		
1	Cristal Cabral	UHD	64.05	72	40	142.5	162.5	167.5	75	82.5	90	250	142.5	165	175	425	450.798
2	Talia Ramirez	UTSA	71.35	72	69	160	175	175	57.5	65	77.5	240	147.5	162.5	172.5	387.5	380.525
3	Dominique McGaha	UT	69.25	72	26	115	120	127.5	42.5	47.5	52.5	180	120	127.5	135	315	315.725
4	Ambria Allison	LAMAR	65.45	72	37	105	107.5	115	27.5	45	55	160	102.5	112.5	120	272.5	284.435
5	Angela Rodriguez	UT	67.55	72	10	90	97.5	100	55	57.5	60	157.5	102.5	112.5	115	272.5	277.977
6	Grace Parker	UT	70.95	72	8	87.5	95	95	40	42.5	45	137.5	95	107.5	117.5	255	251.354
7	Mikayla Sands	UT	72	72	25	80	85	85	35	37.5	37.5	117.5	85	110	110	202.5	197.640
1	Dorothy Tran	UHD	72.9	84	41	152.5	165	172.5	90	95	95	255	157.5	170	182.5	437.5	423.544
2	Aimee Almanza	UTSA	80.85	84	67	155	160	167.5	67.5	70	77.5	245	132.5	142.5	152.5	397.5	361.606
3	Jalyn Holt	UT	76.3	84	28	132.5	132.5	140	42.5	47.5	52.5	185	105	110	117.5	302.5	284.531
1	Amber Blankemeyer	UHD	100.35	84+	42	102.5	102.5	115	70	75	82.5	177.5	125	142.5	152.5	320	266.144
	Allison Garcia	UTSA	103.95	84+	70	160	165	185	85	95	100		160	167.5	175		
	Alexandra Garcia	UTSA	105.75	84+	71	157.5	170	170	85	90	95		142.5	155	160		

Men's Collegiate Powerlifting

Place	Name	Team	Body Weight	Weight Class	Age	Squat			Bench Press			Sub Total	Deadlift			Total	Wilks Points
						1	2	3	1	2	3		1	2	3		
1	Isaias Gonzalez	UHD	57.3	59	43	147.5	160	167.5	-100	100	110	277.5	160	-175	175	452.5	402.906
	Joshua Estrada	UTSA	58.3	59	62	160	170	182.5	-102.5	-112.5	-112.5		-160				
	Derek Ward	ULL	58.6	59	4	155	165	-172.5	-117.5	-117.5			152.5	165	-170		
1	Kenny Nguyen	UHD	65.1	66	44	185	202.5	212.5	-185	185	200.5	413	185	210	227.5	640.5	508.685
2	Anthony Grimes	UHD	65	66	39	170	182.5	192.5	105	115	122.5	315	230	-252.5	252.5	567.5	451.276
3	Jess Rutledge	UTSA	64.7	66	72	-200	-200	200	115	-120	-120	315	192.5	202.5	-207.5	517.5	413.120
4	Gustavo X. Maldonado	SHSU	65.5	66	83	197.5	-202.5	-202.5	97.5	-105	-105	295	182.5	200	-225	495	391.099
5	Jeddy Yuan	UT	64.7	66	6	-135	135	-145	102.5	-105	-105	237.5	172.5	192.5	-207.5	430	343.269
6	Logan Rhame		64.7	66	35	142.5	152.5	-160	-100	100	-110	252.5	152.5	165	170	422.5	337.282
1	Aaron Pomerantz	UT	73.8	74	29	185	197.5	212.5	-185	187.5	205	417.5	185	197.5	205	622.5	448.636
2	Andrew Sandoval	UTSA	70.6	74	66	207.5	215	-227.5	-157.5	157.5	167.5	382.5	210	222.5	-240	605	450.422
3	Jake Martinez	UTSA	73.2	74	58	210	220	-230	132.5	-140	-140	352.5	215	-230	230	582.5	422.254
4	Hugo Ceja	LAMAR	72	74	33	185	-197.5	-197.5	-140	-140	140	325	200	222.5	232.5	557.5	409.038
5	Michael Briones	UHD	73.3	74	45	192.5	205	-212.5	137.5	-145	-145	342.5	182.5	197.5	-202.5	540	391.068
6	Sam Hamilton	UTSA	72.7	74	75	165	172.5	-180	105	-122.5	-122.5	277.5	165	182.5	192.5	470	342.395
7	Adam Drescher	UT	72.1	74	20	160	-165	165	85	-87.5		250	175	185	-200	435	318.855
	John Le	UHD	73.7	74	46	185	205	-220	-135	-135	-175		205	-227.5	-227.5		0.000
1	Bryce Siecko	UTSA	82.7	83	68	260	272.5	285	-170	170	175	460	235	247.5	262.5	722.5	483.280
2	Alex Smith	SHSU	80.8	83	82	250	260	272.5	195	-205	205	477.5	225	237.5	242.5	720	488.520
3	Mauricio Valdez	UTSA	82.4	83	63	257.5	267.5	-275	165	170	175	442.5	257.5	-262.5	-265	700	469.280
4	Fisher Sutterfield	UTSA	80.7	83	64	-215	215	227.5	142.5	152.5	-160	380	207.5	220	225	605	410.795
5	Tyler Wilburn	UT	81.5	83	11	202.5	212.5	220	132.5	137.5	142.5	362.5	215	227.5	-240	590	398.191
6	Alex Mansker	UT	80.8	83	30	190	200	-202.5	142.5	150	-152.5	350	210	222.5	227.5	577.5	391.834
7	Matthew Glenn	LAMAR	82.5	83	36	-182.5	182.5	-197.5	132.5	145	-147.5	327.5	182.5	200	227.5	555	371.795
8	Jonathan Lwowski	UTSA	82.4	83	54	185	210	215	110	-120	-120	325	217.5	-237.5	-237.5	542.5	363.692
9	Isaac Hernandez	UHD	79.9	83	47	165	182.5	197.5	142.5	-150	-150	340	167.5	190	200	540	368.928
10	Josh Trammell		81.5	83	1	152.5	170	187.5	100	110	-125	297.5	185	207.5	-225	505	340.824
11	Adam Tuppen	UT	80.2	83	14	160	167.5	-172.5	102.5	110	-117.5	277.5	165	185	195	472.5	322.056
12	Robert Golshan	UT	82.3	83	22	140	150	160	-90	90	-95	250	160	180	-200	430	288.487
1	Brennan Riche	ULL	92.9	93	20	270	287.5	-295	197.5	207.5	212.5	500	-250	250	272.5	772.5	485.516
2	Richard Pena	UTSA	92	93	19	-290	-290	290	205	-212.5	-212.5	495	247.5	-262.5	-262.5	742.5	468.889
3	Garrett Bailey	LSU	92.8	93	21	220	237.5	250	142.5	152.5	165	415	280	292.5	305	720	452.736
4	Lawrence Joseph Valdez	UHD	85.3	93	19	227.5	250	262.5	147.5	165	-172.5	427.5	205	227.5	-240	655	430.335
5	Michael davis	UT	92.5	93	18	195	215	235	137.5	147.5	-152.5	382.5	227.5	242.5	250	632.5	398.349
	Jordan Glenn	UHD	91.6	93	0	-280	-290	-300	140	227.5	-235		280	-317.5	-317.5		
1	George Pena	UTSA	102.4	105	21	260	275	-280	182.5	195	205	480	237.5	252.5	-260	732.5	441.697
2	Dan Bass	UTSA	95	105	0	260	-270	-275	-142.5	142.5	147.5	407.5	-235	235	-245	642.5	399.635
3	Luis Munoz III	UHD	103.6	105	25	227.5	242.5	-250	167.5	175	182.5	425	205	-217.5	-217.5	630	378.252
4	Paul Alabi	UTSA	98.3	105	19	-215	-240	240	142.5	-155	-155	382.5	225	240	-245	622.5	381.530
5	William Leblanc	TSU	104.4	105	22	332.5	350		-190	190	200	-150	330	345	-362.5	195	116.766

1	Terry Powell		114.7	120	20	262.5	265	272.5	162.5	-170	170	442.5	250	262.5	272.5	715	415.772
2	Michael Alviar	UHD	114.9	120	19	-220	220	237.5	192.5	197.5	202.5	440	220	-232.5	-232.5	660	383.592
3	Faithful Alabi	UTSA	105.4	120	18	227.5	-252.5	252.5	142.5	155	-165	407.5	227.5	237.5	247.5	655	390.904
4	Michael Butler	UTSA	105.6	120	23	-220	220	237.5	140	150	-157.5	387.5	200	212.5	222.5	610	363.804
5	Rob Garza	UTSA	105.4	120	0	267.5	-295	-295	-200	-200	-200		245	260	-272.5		
1	Joe Sharp	UT	142.5	120+	23	260	267.5	280	240	252.5	-257.5	532.5	240	-250	257.5	790	440.267
2	Jerry Nduji	UT	121	120+	18	200	212.5	230	142.5	-150	-150	372.5	205	-225	225	597.5	342.846
	Ross Carter	UTSA	137.3	120+	0	-275	-285	-287.5	220	-235	-240		247.5	-272.5	272.5		
	Ryan Carrillo	TSU	152.4	120+	22	-300	-310	-317.5	275	-290	-292.5		280	290	-292.5		
	Adolfo Gomez	UHD	167	120+	18	-275	-285	-295	205	212.5	227.5		240	-272.5	-272.5		

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Women's Powerlifting

Place	Name	Team	Division	Body Weight	Weight Class	Age	Squat			Bench Press			Sub Total	Deadlift			Total	Wilks Points
							1	2	3	1	2	3		1	2	3		
1	Melissa Vongsouvahn		Junior	43.2	44	22	80	85	92.5	35	37.5	42.5	122.5	65	82.5	90	205	292.166
1	Molly Zunker		Junior Raw	46.15	48	22	92.5	97.5	102.5	57.5	62.5	62.5	160	125	135	142.5	302.5	412.186
1	Claudia Jimenez	BPS	Open Raw	44.95	48	39	55	65	75	35	42.5	42.5	110	70	77.5	85	195	270.621
1	Ashley Garay		Teen (14-19) Raw	47.65	48	18	92.5	102.5	110	32.5	45	50	152.5	107.5	120	128	280.5	373.486
1	Julie Lopez		High School	51.95	52	17	87.5	102.5	102.5	30	40	42.5	127.5	85	100	102.5	230	286.948
1	Andrea Palella		Open Raw	50.15	52	24	65	70	77.5	52.5	58	60	137.5	70	75	80	217.5	278.770
1	Brytany Ybarra		Teen (14-19) Raw	51.4	52	18	92.5	97.5	102.5	57.5	65	67.5	167.5	110	112.5	115	282.5	355.328
1	Bianca Ortega		Youth Raw	51.25	52	12	52.5	62.5	62.5	30	32.5	32.5	85	57.5	67.5	80	165	208.015
1	Sabrina Albury		High School	56	56	16	92.5	100	110	45	55	55	145	97.5	110	115	260	305.916
1	Lizzette Alvarez		Junior Raw	55.85	56	23	90.5	100	105	60	65	65	165	117.5	125	133	298	351.372
1	Lizette Alvarez		Open Raw	55.85	56	23	90.5	100	105	60	65	65	165	117.5	125	133	298	351.372
2	Lenny Behr		Open Raw	54.8	56	24	65	77.5	80	42.5	52.5	57.5	132.5	105	110	117.5	250	299.175
	Tina Dang		Open Raw	52.6	56	25	60	75	80	47.5	52.5	57.5		82.5	95	105		
1	Laura McGill		Junior Raw	58.35	60		107.5	117.5	125	55	60	65	185	122.5	137.5	152.5	337.5	384.514
1	Marilyn Mickey		Masters (40+) Raw	59.55	60	41	90	95	97.5	52.5	55	55	150	120	125	127.5	275	308.385
1	Analisa Narro		Teen (14-19) Raw	57.25	60	15	62.5	70	77.5	47.5	55	57.5	132.5	80	87.5	100	232.5	268.863
1	Valerie Moreno		Open Raw	62.55	67.5	25	67.5	72.5	87.5	42.5	47.5	57.5	120	100	107.5	115	235	253.753
2	Mayra Harmon		Open Raw	66.65	67.5	27	60	75	77.5	27.5	45	47.5	122.5	95	102.5	107.5	225	231.750
1	Natalie Barrera		Teen (14-19)	71.25	75	16	165	182.5	182.5	75	85	87.5	270	125	137.5	140	410	402.989
1	Rachel Gibson		Open Raw	81.85	82.5	25	145	150	155	67.5	72.5	77.5	232.5	150	160	172.5	392.5	354.702
2	Molly Gensler		Open Raw	76.1	82.5	26	105	112.5	125	72.5	77.5	77.5	197.5	165	165	182.5	380	357.998
1	Priscilla Perez		High School	102	90+	18	147.5	177.5	177.5	77.5	82.5	87.5	235	130	142.5	150	385	318.741

Men's Powerlifting

Place	Name	Team	Division	Body Weight	Weight Class	Age	Squat			Bench Press			Sub Total	Deadlift			Total	Wilks Points
							1	2	3	1	2	3		1	2	3		
1	Marcus Hernandez		Teen (14-19) Raw	58.8	60	18	115	127.5	137.5	72.5	82.5	90	227.5	180	192.5	-200	420	364.938
1	Quentin Myers		Open Raw	62.5	67.5	27	162.5	182.5	185	120	132.5	137.5	317.5	190	207.5	212.5	530	435.819
2	Milton Morehead		Open Raw	66	67.5	36	170	175	182.5	115	122.5	122.5	305	205	212.5	-220	517.5	406.341
3	Chris Nguyen		Open Raw	66.7	67.5	23	160	165	165	100	107.5	112.5	267.5	187.5	210	227.5	455	354.218
1	Jerry Alaniz		Teen (14-19) Raw	64.3	67.5	18	155	170.5	180	120	130.5	136.5	316.5	177.5	177.5	201.5	518	415.695
1	Mario Davila		Junior	73.6	75	20	185	205	207.5	115	125	127.5	335	182.5	215	-220	550	397.155
1	Brig Seaver		Masters (40+) Raw	74.6	75	62	100	105	110	77.5	80	82.5	190	150	155	160	350	250.320
1	Joshua Moreno		Teen (14-19) Raw	74.2	75	17	182.5	195	202.5	130	130	137.5	332.5	205	215	227.5	560	402.024
2	Eddie Suarez		Teen (14-19) Raw	68.1	75	19	172.5	185	185	125	132.5	140	317.5	192.5	200	-205	517.5	396.198
3	Alexis Maher		Teen (14-19) Raw	68.3	75		170	180	185	95	105	107.5	280	207.5	227.5	235	515	393.357
1	Garrett Wilson		Junior Raw	81.9	82.5	22	150	155	162.5	127.5	137.5	137.5	292.5	175	182.5	182.5	475	319.628
1	Michael Parrott		Open Raw	80.4	82.5	28	222.5	230	230	132.5	140	147.5	370	235	250	257.5	627.5	427.076
2	Ramiro Espinosa		Open Raw	81.8	82.5	25	192.5	197.5	202.5	142.5	155	162.5	365	260	272.5	272.5	625	420.875
3	Hilmi Judeh		Open Raw	82.4	82.5	28	137.5	142.5	155	102.5	102.5	105	247.5	182.5	192.5	200	447.5	300.004
1	Ashton Rouska		Teen (14-19) Raw	80	82.5	16	200	212.5	215	125	137.5	143	358	245	272.5	282.5	640.5	437.269
2	Anthony McGill		Teen (14-19) Raw	77.8	82.5	15	117.5	127.5	137.5	80	80	87.5	225	147.5	160	182.5	385	267.614
	Benjamin Nevares		High School	82.6	90	17	242.5	242.5	242.5	150	162.5	162.5		242.5	255	272.5		
1	Joshua Mercardo		High School Raw	89	90		162.5	172.5	180	117.5	127.5	132.5	307.5	185	195	205	512.5	329.076
1	Joe Lucio		Masters (40+) Raw	88.4	90	66	137.5	150	0	90	97.5	102.5	252.5	160	170	177.5	422.5	272.259
1	LS McClain		Open Raw	89.7	90	34	250	257.5	257.5	207.5	215	215	465	287.5	292.5	292.5	757.5	484.421
2	Richard Davila		Open Raw	84.4	90	30	135	147.5	147.5	102.5	110	110	257.5	182.5	197.5	207.5	465	307.365
1	Dustin Lewis		Teen (14-19) Raw	89.6	90	16	125	150	165	77.5	95	95	260	142.5	175	182.5	435	278.313
1	Jeffery Moreno		Junior Raw	97.3	100	20	237.5	250	260	172.5	180	185	445	252.5	272.5	282.5	727.5	447.776
2	Garrett Bailey		Junior Raw	93.9	100	21	237.5	250	250	150	162.5	170	400	305	325	337.5	725	453.415
3	Nathan Westbrook		Junior Raw	99.3	100	21	250	260	267.5	157.5	170	175	430	280	290	-290	720	439.416
4	Martin Halfant	SMAC	Junior Raw	97.7	100	23	165	177.5	185	117.5	125	130	315	215	227.5	235	550	337.920
1	Raymond Curtis		Masters (40+)	90.5	100	81	105	115	115	102.5	107.5	107.5	212.5	142.5	152.5	160	365	232.359
1	Garrett Bailey		Open Raw	93.9	100	21	237.5	250	250	150	162.5	170	400	305	325	337.5	725	453.415
2	AJ Alvarez		Open Raw	98.1	100	19	240	252.5	267.5	150	160	170	437.5	245	257.5	282.5	695	426.313
1	AJ Alvarez		Teen (14-19) Raw	98.1	100	19	240	252.5	267.5	150	160	170	437.5	245	257.5	282.5	695	426.313
1	Ryan Matthews		Open Raw	109.7	110	31	247.5	265	275	152.5	165	175	430	267.5	287.5	305	735	432.915
2	Matthew Albright		Open Raw	107.1	110	31	227.5	252.5	265	157.5	172.5	172.5	437.5	272.5	295	302.5	732.5	434.739
1	Michael Rodriguez		High School Raw	113.2	125	17	260	277.5	290	170	187.5	192.5	465	250	272.5	280	745	434.782
1	Michael Rodriguez		Open Raw	113.2	125	17	260	277.5	290	170	187.5	192.5	465	250	272.5	280	745	434.782
1	Michael Rodriguez		Teen (14-19) Raw	113.2	125	17	260	277.5	290	170	187.5	192.5	465	250	272.5	280	745	434.782
1	Dustin Meaux		Open	142.8	125+	28	330	345	345	275	277.5	277.5	622.5	292.5	302.5	307.5	925	515.410
1	Jamie Wang		Open Raw	140	125+	32	160	160	175	102.5	105	120	280	185	207.5	225	487.5	272.415

Women's Push-Pull

Place	Name	Team	Division	Body Weight	Weight Class	Age	Bench Press			Deadlift			Total	Wilks Points
							1	2	3	1	2	3		
1	Ann Fengfish		Open Raw	66.65	67.5	32	-42.5	-42.5	42.5	70	82.5	90	132.5	136.475

Men's Push-Pull

Place	Name	Team	Division	Body Weight	Weight Class	Age	Bench Press			Deadlift			Total	Wilks Points
							1	2	3	1	2	3		
1	Tom Luangraj		Junior Raw	81	82.5	20	110	125	137.5	192.5	207.5	217.5	355	240.477
1	Ramiro Espinosa		Open Raw	81.8	82.5	25	142.5	155	162.5	260	-272.5	-272.5	422.5	284.511
1	LS Mcclain		Open Raw	89.7	90	34	207.5	-215	215	-287.5	-292.5	292.5	507.5	324.546
	Christopher Monroe		Open Raw	85.4	90	24	-137.5	-137.5	-142.5	-155	155	162.5		

Men's Bench Press Only

Place	Name	Team	Division	Body Weight	Weight Class	Age	Bench Press			Best BP	Wilks Points
							1	2	3		
1	Sam Felts		Masters (40+) Raw	59.7	60	61	102.5	110	-115	110	94.248
1	Brian Luangraj		Junior Raw	80.1	82.5	21	112.5	127.5	140	140	95.508
1	Ramiro Espinosa		Open Raw	81.8	82.5	25	142.5	155	162.5	162.5	109.427
1	LS Mcclain		Open Raw	89.7	90	34	207.5	-215	215	215	137.493
1	Jermaine Thomas		Junior Raw	93.3	100	21	125	140	150	150	94.080
1	Larry Fenti		Masters (40+) Raw	99.8	100	42	165	-170	-170	165	100.501
1	Anthony Palacios		Junior	102.6	110	20	160	-172.5	-172.5	160	96.416
1	Eric Lopez		Open	110	110	24	232.5	-242.5	242.5	242.5	142.711
1	Daniel Fye		Open Raw	130.3	125+		125	137.5	-145	137.5	77.743

Women's Deadlift Only

Place	Name	Team	Division	Body Weight	Weight Class	Age	Deadlift			Best DL	Wilks Points
							1	2	3		
1	Roselyn Salazar		Junior Raw	51.4	52	21	75	82.5	97.5	97.5	122.635

Men's Deadlift Only

Place	Name	Team	Division	Body Weight	Weight Class	Age	Deadlift			Best DL	Wilks Points
							1	2	3		
1	Seyha Kim		Junior Raw	72.1	75	23	185	205	-215	205	150.265
1	Gary Hunter		Open Raw	58.5	60	26	192.5	200	-205	200	174.620
1	Benji Nanthavongdounsy		Junior Raw	81.9	82.5	22	142.5	-160	-182.5	142.5	95.888
1	Ramiro Espinosa		Open Raw	81.8	82.5	25	260	-272.5	-272.5	260	175.084
1	LS Mcclain		Open Raw	89.7	90	34	-287.5	-292.5	292.5	292.5	187.054
1	Bob Hafner		Masters (40+)	96.4	100		210	227.5	-232.5	227.5	140.595