

# 2015 USAPL Texas Regional Championships

December 19th & 20th - San Antonio, TX

Meet Directors: Wes & Molly Zunker

## Women's Collegiate Powerlifting

| Place | Name                 | Team | Division | Body Weight | Weight Class | SQUAT            |                  |                  | BENCH            |                  |                  | DEADLIFT        |                 |                  | Total        | Wilks   |
|-------|----------------------|------|----------|-------------|--------------|------------------|------------------|------------------|------------------|------------------|------------------|-----------------|-----------------|------------------|--------------|---------|
|       |                      |      |          |             |              | 1                | 2                | 3                | 1                | 2                | 3                | 1               | 2               | 3                |              |         |
| 1     | Diane Chau           | UT   | F-C      | 46.7        | 47           | 102.5            | 110              | 115              | 47.5             | 52.5             | 57.5             | 107.5           | 112.5           | 120              | <b>292.5</b> | 395.197 |
| 2     | Yazmin Trujillo      | UHD  | F-C      | 46.4        | 47           | <del>102.5</del> | 102.5            | <del>107.5</del> | 60               | <del>65</del>    | <del>65</del>    | 102.5           | 110             | <del>120</del>   | <b>272.5</b> | 369.864 |
| 1     | Andie Hernandez      | UT   | F-C      | 50.5        | 52           | 117.5            | 127.5            | 137.5            | <del>77.5</del>  | 77.5             | 82.5             | 117.5           | 125             | 135              | <b>355</b>   | 452.625 |
| 2     | Yessi Altamirano     | UT   | F-C      | 51.3        | 52           | 102.5            | 110              | 115              | 65               | 70               | <del>72.5</del>  | 127.5           | 137.5           | <del>145</del>   | <b>322.5</b> | 406.253 |
| 3     | Jenica Flores        | SHSU | F-C      | 47.2        | 52           | 102.5            | 115              | <del>120</del>   | 40               | 47.5             | <del>52.5</del>  | 115             | 125             | <del>135</del>   | <b>287.5</b> | 385.480 |
| 4     | Symantha Flores      | UTSA | F-C      | 50.1        | 52           | 90               | 95               | 97.5             | 37.5             | 42.5             | 50               | 82.5            | 92.5            | 100              | <b>247.5</b> | 317.468 |
| 1     | Rosio Berumen        | UTSA | FR-C     | 49.3        | 52           | <del>82.5</del>  | 82.5             | <del>87.5</del>  | 40               | 45               | <del>47.5</del>  | 112.5           | 115             | 122.5            | <b>250</b>   | 324.600 |
| 1     | Jay'sun Moore        | UT   | F-C      | 56.4        | 57           | 125              | 132.5            | 140              | 80               | 85               | 92.5             | 147.5           | 157.5           | <del>167.5</del> | <b>390</b>   | 456.339 |
| 2     | Erika Peralta        | UTSA | F-C      | 56.6        | 57           | 110              | 115              | 122.5            | 65               | 70               | 75               | 110             | 117.5           | <del>125</del>   | <b>315</b>   | 367.542 |
| 3     | Juliana Gamble       | UTSA | F-C      | 52.7        | 57           | <del>95</del>    | <del>95</del>    | 95               | 37.5             | 42.5             | 45               | 87.5            | 97.5            | <del>120</del>   | <b>237.5</b> | 293.028 |
| 4     | Jennifer Ramirez     | UTSA | F-C      | 56.9        | 57           | <del>65</del>    | 67.5             | 80               | 35               | 37.5             | 40               | <del>85</del>   | 87.5            | 95               | <b>215</b>   | 249.830 |
|       | Jodel Patino         | UHD  | F-C      | 56.3        | 57           | <del>145</del>   | <del>145</del>   | <del>145</del>   | 0                | 0                | 0                | 0               | 0               | 0                | <b>0</b>     | 0.000   |
| 1     | Danielle Ross        | UTSA | F-C      | 62.8        | 63           | 155              | 162.5            | 170              | 110              | 115              | 122.5            | 137.5           | 142.5           | <del>150</del>   | <b>435</b>   | 468.278 |
| 2     | Kristina Torres      | UT   | F-C      | 59.1        | 63           | 135              | <del>145</del>   | 145              | 77.5             | 82.5             | 87.5             | 135             | 145             | 150              | <b>382.5</b> | 431.498 |
| 3     | Cristi Johnson       | SHSU | F-C      | 57.5        | 63           | <del>82.5</del>  | 82.5             | 92.5             | 42.5             | 50               | <del>55</del>    | 107.5           | 117.5           | <del>127.5</del> | <b>260</b>   | 299.650 |
| 1     | Giovanna Ortega      | UTSA | FR-C     | 60.5        | 63           | 120              | <del>127.5</del> | <del>127.5</del> | 60               | 65               | <del>70</del>    | 145             | 152.5           | <del>157.5</del> | <b>337.5</b> | 373.883 |
| 2     | Cameron King         | UTSA | FR-C     | 62.9        | 63           | 87.5             | 97.5             | 102.5            | <del>42.5</del>  | 45               | 47.5             | 102.5           | 110             | 120              | <b>270</b>   | 290.331 |
|       | Jasmine Ruiz         | UHD  | F-C      | 61.1        | 63           | <del>155</del>   | <del>155</del>   | 155              | <del>95</del>    | <del>95</del>    | <del>95</del>    | 0               | 0               | 0                | <b>0</b>     | 0.000   |
| 1     | Gabriella Grant      | UT   | F-C      | 63.9        | 72           | 140              | <del>145</del>   | 145              | 85               | <del>97.5</del>  | <del>97.5</del>  | <del>140</del>  | 140             | <del>147.5</del> | <b>370</b>   | 393.125 |
| 2     | Talia Ramirez        | SHSU | F-C      | 70.6        | 72           | 122.5            | 130              | 140              | 60               | 62.5             | 67.5             | 142.5           | 150             | 157.5            | <b>365</b>   | 360.985 |
| 3     | Emily Etnyre         | UT   | F-C      | 68.5        | 72           | 102.5            | 112.5            | <del>120</del>   | 52.5             | 57.5             | 62.5             | 102.5           | 112.5           | <del>117.5</del> | <b>287.5</b> | 290.375 |
| 4     | Catherine Robertson  | UT   | F-C      | 65.8        | 72           | 87.5             | 97.5             | <del>110</del>   | 52.5             | 57.5             | <del>60</del>    | 95              | 107.5           | 117.5            | <b>272.5</b> | 283.318 |
| 1     | Miranda De la Morena | SHSU | FR-C     | 71.6        | 72           | 90               | 100              | 105              | 67.5             | 72.5             | 75               | 135             | 145             | 152.5            | <b>332.5</b> | 325.750 |
| 2     | Jessica Johnson      | UTSA | FR-C     | 70.4        | 72           | 67.5             | 77.5             | 85               | 47.5             | 52.5             | <del>57.5</del>  | 85              | <del>92.5</del> | 100              | <b>237.5</b> | 235.362 |
|       | Abbigail Garza       | UT   | F-C      | 64.7        | 72           | <del>142.5</del> | 142.5            | 152.5            | 72.5             | 77.5             | <del>82.5</del>  | <del>175</del>  | <del>175</del>  | <del>175</del>   | <b>0</b>     | 0.000   |
|       | Cristina Mosey       | UTSA | FR-C     | 83.5        | 84           | <del>45</del>    | 50               | <del>55</del>    | <del>40</del>    | <del>40</del>    | <del>40</del>    | 57.5            | 65              | 70               | <b>0</b>     | 0.000   |
|       | Alexis Guzman        | UTSA | FR-C     | 77.1        | 84           | <del>85</del>    | <del>85</del>    | <del>85</del>    | 32.5             | 37.5             | <del>40</del>    | 87.5            | 92.5            | 97.5             | <b>0</b>     | 0.000   |
| 1     | Delicia Garza        | UHD  | F-C      | 83.7        | 84           | <del>200</del>   | 200              | <del>210</del>   | <del>127.5</del> | <del>127.5</del> | 127.5            | <del>195</del>  | 195             | <del>205</del>   | <b>522.5</b> | 466.749 |
| 2     | Dakota Young         | UTSA | F-C      | 76.9        | 84           | 205              | 210              | 217.5            | 102.5            | 107.5            | 110              | 187.5           | <del>190</del>  | <del>195</del>   | <b>515</b>   | 482.143 |
| 3     | Claire McKenzie      | UT   | F-C      | 82.5        | 84           | 180              | 190              | 195              | 102.5            | 110              | 115              | 177.5           | 187.5           | <del>192.5</del> | <b>497.5</b> | 447.750 |
| 4     | Zena Esquivel        | UTSA | F-C      | 81.2        | 84           | 177.5            | <del>182.5</del> | <del>182.5</del> | 92.5             | 97.5             | 102.5            | 152.5           | 167.5           | 170              | <b>450</b>   | 408.420 |
| 5     | Danielle Kent        | UTSA | F-C      | 79.7        | 84           | 160              | 167.5            | <del>172.5</del> | 75               | 82.5             | 85               | 140             | 147.5           | 155              | <b>407.5</b> | 373.637 |
| 6     | Courtney Byrne       | UT   | F-C      | 77.6        | 84           | 120              | 130              | 137.5            | 67.5             | 72.5             | 77.5             | <del>97.5</del> | 97.5            | 112.5            | <b>327.5</b> | 304.935 |
| 1     | Jasmine Jones        | SHSU | F-C      | 104         | 84+          | 190              | 205              | 212.5            | 95               | 107.5            | <del>115</del>   | 182.5           | 197.5           | 210              | <b>530</b>   | 436.561 |
| 2     | Jaelynn Clark        | UTSA | F-C      | 120.7       | 84+          | 195              | 200              | 207.5            | 90               | 95               | <del>97.5</del>  | 172.5           | <del>185</del>  | 185              | <b>487.5</b> | 389.415 |
| 3     | Amber Blankemeyer    | UHD  | F-C      | 112.9       | 84+          | 175              | <del>185</del>   | <del>190</del>   | 97.5             | 105              | <del>112.5</del> | 175             | 185             | <del>192.5</del> | <b>465</b>   | 376.092 |
| 4     | Marisol Palacios     | UTSA | F-C      | 92.8        | 84+          | 185              | 195              | 205              | 85               | 92.5             | 100              | 152.5           | 157.5           | <del>162.5</del> | <b>462.5</b> | 394.790 |
| 5     | Cassandra Soto       | SHSU | F-C      | 113.8       | 84+          | 130              | 137.5            | 145              | 95               | 100              | 105              | 142.5           | 152.5           | 165              | <b>415</b>   | 335.113 |
| 6     | Alyssa Ybarra        | SHSU | F-C      | 104.4       | 84+          | <del>122.5</del> | <del>122.5</del> | 122.5            | 52.5             | <del>92.5</del>  | 92.5             | 137.5           | 147.5           | 157.5            | <b>372.5</b> | 306.530 |
| 1     | Jaelynn Clark        | UTSA | FR-C     | 120.7       | 84+          | 195              | 200              | 207.5            | 90               | 95               | <del>97.5</del>  | 172.5           | <del>185</del>  | 185              | <b>487.5</b> | 389.415 |

## Men's Collegiate Powerlifting

| Place | Name                 | Division | Body Weight | Weight Class | SQUAT |        |        | BENCH  |        |        | DEADLIFT |       |        | Total  | Wilks        |         |
|-------|----------------------|----------|-------------|--------------|-------|--------|--------|--------|--------|--------|----------|-------|--------|--------|--------------|---------|
|       |                      |          |             |              | 1     | 2      | 3      | 1      | 2      | 3      | 1        | 2     | 3      |        |              |         |
| 1     | Isaias Gonzalez      | UHD      | M-C         | 58.4         | 59    | 185    | -195   | -195   | 130    | 140    | 150      | 192.5 | 200    | 207.5  | <b>542.5</b> | 474.416 |
| 2     | Marcus Hernandez     | UHV      | M-C         | 58.4         | 59    | 167.5  | -182.5 | 192.5  | 100    | -107.5 | 107.5    | 212.5 | 227.5  | 232.5  | <b>532.5</b> | 465.671 |
| 3     | Jorge Saldana        | UHD      | M-C         | 58.3         | 59    | -195   | 195    | -210   | 117.5  | -127.5 | -127.5   | 202.5 | 210    | -212.5 | <b>522.5</b> | 457.658 |
| 4     | Hector Bustillos     | UT       | M-C         | 58.9         | 59    | 165    | 175    | 182.5  | 90     | 97.5   | 102.5    | 182.5 | 197.5  | 210    | <b>495</b>   | 429.413 |
| 1     | Kenny Nguyen         | UHD      | M-C         | 65.2         | 66    | 220    | 230    | 240    | -220   | 220    | 230      | 220   | 230    | 237.5  | <b>707.5</b> | 561.189 |
| 2     | Alan Espinoza        | UTSA     | M-C         | 66           | 66    | -200   | 200    | 215    | 110    | 125    | 130      | 200   | 210    | 217.5  | <b>562.5</b> | 441.675 |
| 3     | Joseph Kelley        | UHD      | M-C         | 62.3         | 66    | 212.5  | -225   | -225   | 127.5  | -137.5 | -137.5   | 185   | 195    | -207.5 | <b>535</b>   | 441.161 |
| 4     | Edward Su            | UT       | M-C         | 65.6         | 66    | 145    | 150    | 160    | 110    | 117.5  | -125     | 190   | 200    | 210    | <b>487.5</b> | 384.686 |
| 5     | Aleil Riley          | SHSU     | M-C         | 64           | 66    | 145    | 157.5  | 167.5  | -82.5  | 85     | 97.5     | 160   | 180    | 190    | <b>455</b>   | 366.594 |
| 1     | Charles Okpoko       | UT       | MR-C        | 65.9         | 66    | 230    | 242.5  | -257.5 | 140    | 147.5  | -160     | 235   | 250    | -265   | <b>640</b>   | 503.168 |
| 2     | Mario Leos           | UT       | MR-C        | 61.5         | 66    | 142.5  | 152.5  | 160    | 105    | 112.5  | -117.5   | 187.5 | 197.5  | 210    | <b>482.5</b> | 402.453 |
| 1     | Matthew Merry        | UT       | M-C         | 71.3         | 74    | 172.5  | 180    | 185    | 125    | -137.5 | -137.5   | 202.5 | 212.5  | -217.5 | <b>522.5</b> | 386.128 |
| 2     | Adrian Janowski      | UT       | M-C         | 73.5         | 74    | 167.5  | 175    | 182.5  | 110    | 115    | -120     | 175   | 187.5  | -200   | <b>485</b>   | 350.558 |
| 3     | Safyat Jim Wadud     | UT       | M-C         | 70.8         | 74    | 155    | -167.5 | 167.5  | 75     | 82.5   | 87.5     | -160  | 160    | 170    | <b>425</b>   | 315.775 |
|       | Marwan Awan          | UT       | M-C         | 74           | 74    | 150    | -162.5 | 162.5  | -110   | -110   | -110     | 175   | -182.5 | -182.5 | <b>0</b>     | 0.000   |
| 1     | Michael Pyon         | UT       | M-C         | 82.5         | 83    | 267.5  | 282.5  | 287.5  | 202.5  | 215    | 220      | 277.5 | 285    | 287.5  | <b>795</b>   | 532.571 |
| 2     | Raynard Taylor       | UTSA     | M-C         | 82.7         | 83    | 280    | 292.5  | 300    | 182.5  | 187.5  | 192.5    | 270   | 285    | -310   | <b>777.5</b> | 520.070 |
| 3     | Khalid Schuler       | UTSA     | M-C         | 82.7         | 83    | 260    | -272.5 | -272.5 | 145    | 155    | -160     | 257.5 | -272.5 | -272.5 | <b>672.5</b> | 449.835 |
| 4     | Diego Lozano         | UT       | M-C         | 82.4         | 83    | -180   | -180   | 180    | 140    | 147.5  | 155      | 215   | 230    | 242.5  | <b>577.5</b> | 387.156 |
| 5     | Trent Wien           | UT       | M-C         | 82           | 83    | 165    | 175    | 182.5  | 112.5  | 120    | -125     | 215   | 227.5  | 235    | <b>537.5</b> | 361.415 |
| 6     | Justin Brooks        | SHSU     | M-C         | 79.7         | 83    | 170    | 185    | 192.5  | 110    | 122.5  | -132.5   | 190   | 207.5  | -212.5 | <b>522.5</b> | 357.547 |
| 7     | Chris Eason          | SHSU     | M-C         | 82.7         | 83    | 160    | 175    | 190    | 110    | 122.5  | -132.5   | 180   | -195   | -195   | <b>492.5</b> | 329.433 |
| 1     | Ashton Rouska        | UTSA     | MR-C        | 83           | 83    | 245    | 260    | -267.5 | 155    | 162.5  | -167.5   | 287.5 | 305    | 317.5  | <b>740</b>   | 493.950 |
| 2     | Xiang-Ting "Sean" Fu | UT       | MR-C        | 82           | 83    | 142.5  | 155    | 167.5  | 90     | 97.5   | -100     | 202.5 | 215    | 225    | <b>490</b>   | 329.476 |
|       | Austin Stephen       | TAMU     | MR-C        | 82.1         | 83    | 217.5  | -232.5 | 0      | -142.5 | 0      |          | 0     |        |        | <b>0</b>     | 0.000   |
| 1     | Michael Davis        | UT       | M-C         | 92.6         | 93    | -300   | 310    | -322.5 | 190    | 195    | 210      | 300   | -317.5 | 317.5  | <b>837.5</b> | 527.206 |
| 2     | Jay Allen            | UTSA     | M-C         | 90.9         | 93    | 175    | 182.5  | 187.5  | -115   | 115    | 122.5    | 210   | 222.5  | 235    | <b>545</b>   | 346.184 |
| 3     | Michael Winborn      | SHSU     | M-C         | 90           | 93    | 125    | 137.5  | 150    | 92.5   | 105    | -110     | 145   | 160    | 175    | <b>430</b>   | 274.512 |
| 1     | Bohao Cheng          | TAMU     | MR-C        | 92.4         | 93    | 210    | 215    | -217.5 | -135   | -135   | 135      | 245   | -260   | -260   | <b>595</b>   | 374.910 |
| 2     | Jonathan Lwowski     | UTSA     | MR-C        | 91.6         | 93    | 190    | 195    | -202.5 | 120    | -125   | -125     | 230   | 242.5  | 250    | <b>565</b>   | 357.532 |
| 3     | Kyle Meurer          | A&M      | MR-C        | 90.4         | 93    | 170    | 177.5  | 185    | 115    | 117.5  | 125      | 165   | 175    | 185    | <b>495</b>   | 315.315 |
| 1     | Josh Mercado         | SHSU     | M-C         | 103.5        | 105   | 265    | 272.5  | -290   | 200    | 215    | -220     | 265   | 272.5  | -285   | <b>760</b>   | 456.456 |
|       | Caleb Lamberth       | UTSA     | M-C         | 97.7         | 105   | -272.5 | 272.5  | -282.5 | -172.5 | -172.5 | -175     | 240   | 250    | -267.5 | <b>0</b>     | 0.000   |
| 1     | Matt Frolik          | UHD      | M-C         | 114.5        | 120   | 255    | 287.5  | 297.5  | 195    | 205    | -215     | 250   | 272.5  | -287.5 | <b>775</b>   | 450.818 |
| 2     | Michael Butler       | UTSA     | M-C         | 116.1        | 120   | 260    | 272.5  | 277.5  | 140    | 150    | 160      | 220   | 230    | 245    | <b>682.5</b> | 395.577 |
| 1     | Jerry Nduji          | UT       | MR-C        | 138.8        | 120+  | -275   | -275   | 275    | 155    | 167.5  | -177.5   | 217.5 | 237.5  | 257.5  | <b>700</b>   | 391.650 |

## Women's Powerlifting

| Place | Name                  | Division | Body Weight | Weight Class | SQUAT |        |        | BENCH  |       |       | DEADLIFT |        |        | Total  | Wilks        |         |
|-------|-----------------------|----------|-------------|--------------|-------|--------|--------|--------|-------|-------|----------|--------|--------|--------|--------------|---------|
|       |                       |          |             |              | 1     | 2      | 3      | 1      | 2     | 3     | 1        | 2      | 3      |        |              |         |
| 1     | Maddie Graham         |          | F-T2        | 55.7         | 57    | 120    | -137.5 | -137.5 | 77.5  | 82.5  | 87.5     | 112.5  | -132.5 | 135    | <b>342.5</b> | 404.698 |
| 1     | Lisette Ortiz Rosado  |          | F-T1        | 50.7         | 52    | 80     | -102.5 | 102.5  | 52.5  | 60    | 62.5     | 85     | 92.5   | 97.5   | <b>262.5</b> | 333.664 |
| 1     | Jasmine Villacorta    |          | FR-O        | 55.2         | 57    | 102.5  | 110    | 115    | 62.5  | 67.5  | -72.5    | 132.5  | 137.5  | 142.5  | <b>325</b>   | 386.750 |
| 1     | Tiffany Vu            |          | FR-JR       | 43           | 43    | 77.5   | 82.5   | -90    | 37.5  | 43    | -47.5    | 97.5   | 108    | -115   | <b>233.5</b> | 333.788 |
| 1     | Kristal Rodriguez     | GE       | FR-Y3       | 45           | 47    | 37.5   | 47.5   | 60     | 20    | 30    | 40       | 60     | 72.5   | 82.5   | <b>182.5</b> | 253.091 |
| 1     | Hailey Campos         | GE       | FR-Y3       | 53.7         | 57    | 27.5   | 40     | 47.5   | 20    | 27.5  | -30      | 50     | 62.5   | 72.5   | <b>147.5</b> | 179.345 |
| 1     | Imunique Balboa       | GE       | FR-Y2       | 46.3         | 47    | 25     | 37.5   | -42.5  | 20    | 25    | 27.5     | -32.5  | 32.5   | 40     | <b>105</b>   | 142.737 |
| 1     | Lynne Homan           | BPS      | FR-M2       | 58.7         | 63    | 87.5   | 92.5   | 97.5   | 70    | 72.5  | -75      | 130    | 135    | 137.5  | <b>307.5</b> | 348.705 |
| 1     | Jennylyn Carrasco     |          | FR-O        | 62.9         | 63    | 127.5  | 135    | -140   | 75    | 80    | 82.5     | 155    | 162.5  | 167.5  | <b>385</b>   | 413.990 |
| 2     | Alexandria Rosales    | JPL      | FR-O        | 62.9         | 63    | 110    | -120   | 120    | 60    | 65    | 70       | 130    | 140    | 147.5  | <b>337.5</b> | 362.914 |
| 3     | Brook Ray             |          | FR-O        | 60.3         | 63    | 82.5   | -87.5  | 87.5   | -52.5 | -57.5 | 57.5     | -117.5 | 117.5  | 125    | <b>270</b>   | 299.862 |
| 4     | Lenny Behr            |          | FR-O        | 58.4         | 63    | 70     | 77.5   | 85     | 42.5  | 47.5  | 57.5     | 92.5   | 105    | 112.5  | <b>255</b>   | 290.343 |
| 1     | Katie Kline           | BPS      | FR-JR       | 60.1         | 63    | -85    | 85     | 92.5   | 47.5  | 52.5  | -60      | -107.5 | 107.5  | 117.5  | <b>262.5</b> | 292.267 |
| 1     | Talissa Soto          | JPL      | FR-T3       | 61.1         | 63    | 87.5   | 105    | -117.5 | 37.5  | 50    | 52.5     | 110    | 120    | -137.5 | <b>277.5</b> | 305.084 |
| 2     | Amanda Vela           | JPL      | FR-T3       | 57.5         | 63    | 80     | 87.5   | 95     | 37.5  | 42.5  | 45       | 82.5   | 87.5   | 95     | <b>235</b>   | 270.838 |
| 1     | Julia Tucker          | BPS      | F-O         | 67.4         | 72    | 132.5  | 137.5  | 142.5  | 95    | -100  | 100      | 130    | 137.5  | 145    | <b>387.5</b> | 395.909 |
|       | Dina Perez            |          | FR-M1       | 63.5         | 72    | -90    | -90    | -90    | 45    | 47.5  | 55       | 122.5  | 127.5  | 135    | <b>0</b>     | 0.000   |
| 1     | Nicole Higgins        |          | FR-T3       | 66.3         | 72    | 97.5   | 117.5  | -140   | -55   | 62.5  | 70       | 97.5   | 107.5  | 117.5  | <b>305</b>   | 315.340 |
| 1     | Viviana Mireles       | BPS      | FR-JR       | 76.9         | 84    | 130    | 137.5  | -140   | 60    | -67.5 | -67.5    | 140    | 147.5  | -150   | <b>345</b>   | 322.989 |
| 1     | Sebrina Davis         | BPS      | FR-O        | 82.7         | 84    | 167.5  | 175    | -182.5 | -95   | 95    | 102.5    | 200    | 220    | 222.5  | <b>500</b>   | 449.400 |
| 2     | Diana Lwanga          | BPS      | FR-O        | 77.3         | 84    | 120    | 125    | 137.5  | 72.5  | 80    | -82.5    | 162.5  | 175    | -182.5 | <b>392.5</b> | 366.320 |
| 1     | Brianna Perez         | GE       | FR-Y2       | 72.9         | 84    | 25     | 40     | 52.5   | 20    | 25    | -30      | -50    | 50     | 65     | <b>142.5</b> | 137.954 |
| 1     | DeAnna Wood           | GE       | FR-Y3       | 84           | 84    | 32.5   | 42.5   | 52.5   | 30    | 35    | 40       | 65     | 85     | 87.5   | <b>180</b>   | 160.506 |
| 1     | Megan Martinez        | GE       | F-T3        | 77.4         | 84    | -157.5 | -157.5 | 157.5  | -87.5 | 87.5  | -97.5    | 122.5  | 142.5  | -147.5 | <b>387.5</b> | 361.383 |
| 1     | Patrina Bermudes-Hale | BPS      | FR-O        | 85           | 84+   | 142.5  | 147.5  | -160   | 82.5  | 87.5  | 92.5     | 140    | 147.5  | 155    | <b>395</b>   | 350.207 |
| 2     | Carmela Montgomery    | BPS      | FR-O        | 93           | 84+   | 87.5   | 92.5   | 102.5  | -90   | 95    | -97.5    | 115    | 125    | 132.5  | <b>330</b>   | 281.490 |
| 1     | Kaylie Rodriguez      |          | FR-Y3       | 105.3        | 84+   | 30     | 47.5   | 57.5   | 27.5  | 37.5  | 42.5     | 67.5   | 80     | 85     | <b>185</b>   | 151.922 |
| 1     | Samantha Heimer       | GE       | F-T1        | 102.1        | 84+   | 125    | 135    | -142.5 | 95    | -100  | 100      | 122.5  | 132.5  | 137.5  | <b>372.5</b> | 308.318 |

## Men's Powerlifting

| Place | Name               |     | Division | Body Weight | Weight Class | SQUAT  |        |        | BENCH |        |        | DEADLIFT |        |        | Total        | Wilks   |
|-------|--------------------|-----|----------|-------------|--------------|--------|--------|--------|-------|--------|--------|----------|--------|--------|--------------|---------|
|       |                    |     |          |             |              | 1      | 2      | 3      | 1     | 2      | 3      | 1        | 2      | 3      |              |         |
| 1     | Zachary Young      |     | M-T1     | 50.7        | 53           | 70     | 80     | 82.5   | 30    | 35     | 37.5   | 67.5     | 82.5   | 85     | <b>205</b>   | 206.619 |
|       | Hilario Luna       | IH  | M-JR     | 58.1        | 59           | -185   | -185   | -185   | 110   | -117.5 | 117.5  | 185      | 195    | -202.5 | <b>0</b>     | 0.000   |
| 1     | Anthony Hill Perez |     | MR-T2    | 58.6        | 59           | 147.5  | 155    | 160    | 102.5 | -112.5 | -112.5 | 185      | 192.5  | 197.5  | <b>460</b>   | 400.982 |
| 1     | Chyphes Hambric    |     | M-T1     | 55.6        | 59           | 82.5   | 100    | 107.5  | -37.5 | 40     | 47.5   | 85       | 112.5  | 122.5  | <b>277.5</b> | 254.412 |
| 1     | Brady Adair        | BPS | M-T1     | 65          | 66           | -85    | 85     | 92.5   | 62.5  | 75     | 82.5   | -110     | 110    | 122.5  | <b>297.5</b> | 236.572 |
| 1     | Jared Holmes       | BPS | M-T2     | 64          | 66           | 150    | 157.5  | -162.5 | -87.5 | -90    | 90     | 185      | 192.5  | -200   | <b>440</b>   | 354.508 |
| 1     | Jared Theriault    |     | MR-JR    | 73          | 74           | 150    | 157.5  | 165    | 110   | -115   | 115    | 175      | 185    | 192.5  | <b>472.5</b> | 343.224 |
| 1     | Duane Young        |     | MR-M2b   | 73.8        | 74           | 132.5  | 137.5  | 145    | 87.5  | 95     | -100   | 165      | 187.5  | 190    | <b>430</b>   | 309.901 |
| 1     | Chris Primeau      |     | MR-O     | 73.7        | 74           | 182.5  | 195    | -205   | 132.5 | 137.5  | -142.5 | 192.5    | 205    | 207.5  | <b>540</b>   | 389.556 |
| 2     | Calvin Hovseplain  |     | MR-O     | 73.6        | 74           | -177.5 | 177.5  | 192.5  | 115   | 122.5  | 127.5  | 197.5    | 205    | 217.5  | <b>537.5</b> | 388.129 |
| 3     | Trey Harton        |     | MR-O     | 72.3        | 74           | 152.5  | 160    | 170    | 135   | 150    | 155    | 170      | 182.5  | -190   | <b>507.5</b> | 371.236 |
| 4     | Tony Valdivia      |     | MR-O     | 73.9        | 74           | 170    | 180    | -182.5 | 112.5 | 120    | -125   | 185      | 195    | 202.5  | <b>502.5</b> | 361.800 |
| 5     | Sam Cervantes      |     | MR-O     | 72          | 74           | 137.5  | 145    | 150    | 110   | 117.5  | 122.5  | 165      | 175    | 187.5  | <b>460</b>   | 337.502 |
| 1     | Abraham Ramirez    |     | MR-T3    | 73.5        | 74           | -200   | 200    | -217.5 | 137.5 | 145    | -150   | 217.5    | -227.5 | -227.5 | <b>562.5</b> | 406.575 |
|       | Patrick Prieto     | IH  | M-T1     | 72.5        | 74           | -175   | -175   | -192.5 | -92.5 | 92.5   | -100   | 170      | 192.5  | -197.5 | <b>0</b>     | 0.000   |
| 1     | Derrick Carroll    | IH  | M-T2     | 73.2        | 74           | 192.5  | 202.5  | -205   | 97.5  | 102.5  | -105   | 175      | 185    | 192.5  | <b>497.5</b> | 360.638 |
| 1     | Artemio Garcia     |     | M-T3     | 70.6        | 74           | 215    | 230    | 237.5  | 147.5 | 157.5  | 165    | -222.5   | -222.5 | 222.5  | <b>625</b>   | 465.312 |
| 2     | Jacob De La Paz    |     | M-T3     | 71.5        | 74           | -215   | 215    | 232.5  | 120   | 125    | -132.5 | 215      | 232.5  | 237.5  | <b>595</b>   | 438.813 |
| 1     | Jake Martinez      |     | M-Jr     | 82.8        | 83           | 247.5  | 257.5  | 265    | 175   | 182.5  | -190   | 247.5    | -252.5 | 252.5  | <b>700</b>   | 467.950 |
| 1     | Michael Lim        |     | M-O      | 74.6        | 83           | -180   | -180   | 190    | 132.5 | -140   | 142.5  | -215     | 227.5  | 230    | <b>562.5</b> | 402.300 |
| 1     | Alex Smith         |     | M-O      | 82.2        | 83           | 255    | -267.5 | 267.5  | 210   | 220    | 227.5  | 245      | 260    | -267.5 | <b>755</b>   | 506.907 |
| 2     | Michael Barrera    |     | M-O      | 83          | 83           | 222.5  | 232.5  | 242.5  | 145   | 152.5  | 160    | 205      | 215    | 235    | <b>637.5</b> | 425.531 |
| 1     | Jesse Herd         |     | MR-JR    | 80.6        | 83           | 202.5  | 215    | -227.5 | 135   | 145    | 150    | 230      | 240    | -250   | <b>605</b>   | 411.097 |
| 2     | Seth Ashley        |     | MR-JR    | 78.2        | 83           | 185    | 190    | 200    | 130   | 132.5  | 137.5  | 210      | 215    | 217.5  | <b>555</b>   | 384.449 |
| 3     | Wyatt Bronson      |     | MR-JR    | 77.8        | 83           | 172.5  | 177.5  | 192.5  | 105   | 112.5  | -115   | 210      | 222.5  | 230    | <b>535</b>   | 371.879 |
| 4     | Travis Nguyen      |     | MR-JR    | 82.2        | 83           | 172.5  | 182.5  | 192.5  | 87.5  | 97.5   | 102.5  | 210      | 217.5  | 230    | <b>525</b>   | 352.485 |
| 5     | Diego Adame        | JPL | MR-JR    | 79.5        | 83           | 85     | 95     | 105    | 65    | 72.5   | 77.5   | 112.5    | 122.5  | 127.5  | <b>310</b>   | 212.474 |
| 1     | Ramiro Espinosa    |     | MR-O     | 82.1        | 83           | 170    | 182.5  | 192.5  | 125   | 140    | 150    | 240      | 265    | 0      | <b>607.5</b> | 408.179 |
| 2     | Lazaro Navarro     |     | MR-O     | 80.7        | 83           | 200    | 215    | -227.5 | 137.5 | -150   | -150   | 232.5    | 242.5  | -255   | <b>595</b>   | 404.005 |
| 3     | Matt Palmieri      | HMF | MR-O     | 77.3        | 83           | 182.5  | 192.5  | 202.5  | 117.5 | 125    | 127.5  | 205      | 217.5  | 227.5  | <b>557.5</b> | 389.191 |
| 4     | Miguel Negron      |     | MR-O     | 77.8        | 83           | 180    | 190    | -205   | 105   | 115    | -125   | 190      | 205    | 227.5  | <b>532.5</b> | 370.141 |
| 5     | Mark Owens         |     | MR-O     | 80.8        | 83           | 160    | 170    | -177.5 | -125  | 132.5  | -142.5 | 192.5    | 210    | 217.5  | <b>520</b>   | 352.820 |
| 6     | Daniel Atalig      |     | MR-O     | 77.8        | 83           | 165    | 175    | -185   | 100   | 112.5  | -115   | 200      | 215    | -227.5 | <b>502.5</b> | 349.288 |
| 1     | Chris Madrigal     | IH  | M-T2     | 78          | 83           | 207.5  | 215    | -227.5 | 125   | 132.5  | -142.5 | 215      | 222.5  | 227.5  | <b>575</b>   | 398.992 |
| 2     | Nicholas Galvan    | IH  | M-T2     | 81          | 83           | 192.5  | 200    | 205    | -115  | 122.5  | 137.5  | -215     | -215   | 215    | <b>557.5</b> | 377.650 |

### Men's Powerlifting (cont.)

| Place | Name              | Division | Body Weight | Weight Class | SQUAT |        |        | BENCH  |        |        | DEADLIFT |       |        | Total  | Wilks        |         |
|-------|-------------------|----------|-------------|--------------|-------|--------|--------|--------|--------|--------|----------|-------|--------|--------|--------------|---------|
|       |                   |          |             |              | 1     | 2      | 3      | 1      | 2      | 3      | 1        | 2     | 3      |        |              |         |
| 1     | Javiel Rojas      | JPL      | M-JR        | 91.3         | 93    | 250    | 260    | -272.5 | 152.5  | 162.5  | -175     | 250   | 260    | 282.5  | <b>705</b>   | 446.829 |
| 1     | Nicolas Recio     | JPL      | MR-JR       | 93           | 93    | 195    | 205    | 215    | 145    | -155   | -155     | 225   | -235   | -235   | <b>585</b>   | 367.497 |
| 2     | Josh Nitzberg     |          | MR-JR       | 93           | 93    | 142.5  | 155    | 165    | -102.5 | 112.5  | -125     | 207.5 | 217.5  | 227.5  | <b>505</b>   | 317.241 |
| 1     | Ty Sevin          |          | MR-M1a      | 91.6         | 93    | 200    | -217.5 | -217.5 | -112.5 | 115    | -127.5   | 180   | 205    | 215    | <b>530</b>   | 335.384 |
| 1     | Chuck Akers       |          | MR-M2b      | 92.4         | 93    | 185    | 195    | 205    | 120    | 127.5  | 132.5    | 215   | 227.5  | -232.5 | <b>565</b>   | 356.007 |
| 1     | Edwin McQuiston   |          | MR-O        | 90.8         | 93    | -212.5 | 212.5  | 227.5  | 145    | 150    | 152.5    | 267.5 | 280    | -282.5 | <b>660</b>   | 419.496 |
| 2     | Jay Idriss        | BPS      | MR-O        | 91.8         | 93    | 180    | 190    | 202.5  | 130    | 137.5  | -145     | 220   | 237.5  | 242.5  | <b>582.5</b> | 368.198 |
| 3     | Marquis Aware     |          | MR-O        | 90.6         | 93    | 182.5  | -190   | -195   | 142.5  | 150    | 155      | 227.5 | 235    | 242.5  | <b>580</b>   | 369.054 |
| 4     | Martin Halfant    |          | MR-O        | 90.9         | 93    | 195    | 202.5  | 210    | 125    | 130    | -132.5   | 240   | -250   | -250   | <b>580</b>   | 368.416 |
| 5     | Josh Ramos        |          | MR-O        | 91.9         | 93    | 182.5  | 192.5  | 195    | -122.5 | 122.5  | 135      | 227.5 | 240    | -245   | <b>570</b>   | 360.126 |
| 6     | Robert Alexander  |          | MR-O        | 86.8         | 93    | 182.5  | 190    | 197.5  | 112.5  | 120    | -125     | 225   | 235    | 250    | <b>567.5</b> | 369.272 |
| 7     | Chuck Akers       |          | MR-O        | 92.4         | 93    | 185    | 195    | 205    | 120    | 127.5  | 132.5    | 215   | 227.5  | -232.5 | <b>565</b>   | 356.007 |
| 1     | Zachary Bailey    | GE       | MR-Y3       | 86.2         | 93    | 27.5   | 50     | 62.5   | 25     | 32.5   | 37.5     | 57.5  | 70     | 82.5   | <b>182.5</b> | 119.209 |
| 1     | Nathon Cantu      | GE       | M-T2        | 88.6         | 93    | 205    | 217.5  | 232.5  | 130    | 150    | -155     | 185   | 197.5  | 205    | <b>587.5</b> | 378.115 |
| 1     | Aaron Rodriguez   | IH       | M-Jr        | 98.9         | 105   | -287.5 | 295    | -302.5 | 175    | 182.5  | 192.5    | 190   | 205    | -235   | <b>692.5</b> | 423.325 |
| 1     | R.A. Flores       | IH       | M-O         | 103.6        | 105   | -280   | 280    | -292.5 | 197.5  | -215   | -215     | 270   | 277.5  | -280   | <b>755</b>   | 453.302 |
| 1     | Mike Taylor       | BPS      | MR-JR       | 99.3         | 105   | 242.5  | 260    | -272.5 | 155    | 165    | -172.5   | 272.5 | 287.5  | -292.5 | <b>712.5</b> | 434.839 |
| 2     | Rolando Gomez     |          | MR-JR       | 98.2         | 105   | 167.5  | 177.5  | 182.5  | 137.5  | 145    | 150      | 225   | -235   | 235    | <b>567.5</b> | 347.934 |
| 3     | Joey Velez        | JPL      | MR-JR       | 100.6        | 105   | 195    | 210    | 217.5  | 110    | 120    | 125      | 195   | 200    | -215   | <b>542.5</b> | 329.352 |
| 1     | Marcus Warren     | BPS      | MR-M1a      | 102.5        | 105   | 212.5  | 222.5  | 232.5  | 170    | 175    | 185      | 262.5 | 267.5  | 285    | <b>702.5</b> | 423.467 |
| 1     | Eric Milfeld      |          | MR-M1b      | 97.4         | 105   | 210    | 220    | 227.5  | 127.5  | 137.5  | 0        | 255   | 272.5  | 0      | <b>637.5</b> | 392.190 |
| 1     | Ian Bell          | BPS      | MR-O        | 100.3        | 105   | 255    | 267.5  | 277.5  | 155    | 165    | 172.5    | 300   | 317.5  | -348   | <b>767.5</b> | 466.563 |
| 2     | Zack Newman       |          | MR-O        | 94.4         | 105   | 235    | 250    | 262.5  | 142.5  | 150    | 152.5    | 240   | 255    | 270    | <b>685</b>   | 427.303 |
| 1     | Jeremy Morrison   |          | MR-JR       | 116          | 120   | 165    | 175    | 182.5  | 112.5  | -117.5 | -117.5   | 207.5 | 217.5  | -227.5 | <b>512.5</b> | 297.096 |
| 1     | Andre Gholson     | BPS      | MR-M1A      | 119.7        | 120   | 250    | 265    | 280    | 165    | 185    | 192.5    | 280   | 287.5  | 295    | <b>767.5</b> | 441.543 |
| 1     | Nicholas Aviles   | JPL      | MR-O        | 108.7        | 120   | 245    | 265    | 275    | 145    | -155   | -155     | 245   | 255    | 275    | <b>695</b>   | 410.536 |
| 2     | Thomas Landis     |          | MR-O        | 105.5        | 120   | 170    | 180    | 195    | 130    | 142.5  | -150     | 220   | 237.5  | -245   | <b>575</b>   | 343.045 |
| 1     | Richard Hernandez |          | MR-T2       | 110.8        | 120   | 195    | -205   | 205    | 125    | 127.5  | -140     | 192.5 | 205    | -215   | <b>537.5</b> | 315.620 |
| 1     | Michael Rodriguez | JPL      | MR-T3       | 118.3        | 120   | 300    | -315   | -315   | 200    | -210   | -210     | 275   | 287.5  | 300    | <b>800</b>   | 461.520 |
| 2     | Enrique Lugo      | JPL      | MR-T3       | 113.8        | 120   | 255    | 275    | 285    | 195    | 205    | -215     | 300   | -320   | -320   | <b>790</b>   | 460.333 |
| 3     | Andres Arvizu     | JPL      | MR-T3       | 110.8        | 120   | 215    | 227.5  | 240    | -125   | 125    | 145      | 212.5 | 227.5  | 245    | <b>630</b>   | 369.936 |
| 4     | Calixtro Garcia   | JPL      | MR-T3       | 108.3        | 120   | -185   | -185   | 185    | -147.5 | 147.5  | -150     | 145   | 157.5  | 175    | <b>507.5</b> | 300.136 |
| 1     | Adam Aleman       | IH       | M-JR        | 153.7        | 120+  | 317.5  | 337.5  | 350    | 182.5  | 192.5  | -200     | 272.5 | -282.5 | -282.5 | <b>815</b>   | 449.391 |
| 1     | Dustin Meaux      | Titan    | M-O         | 154.4        | 120+  | 350    | 365    | 377.5  | 290    | -305   | 305      | 290   | 302.5  | -317.5 | <b>985</b>   | 542.735 |
| 2     | Adam Aleman       |          | M-O         | 153.7        | 120+  | 317.5  | 337.5  | 350    | 182.5  | 192.5  | -200     | 272.5 | -282.5 | -282.5 | <b>815</b>   | 449.391 |
| 1     | John Caruso       |          | MR-JR       | 123.8        | 120+  | 240    | 257.5  | 270    | 165    | 182.5  | 187.5    | 275   | -290   | 0      | <b>732.5</b> | 418.257 |
| 2     | Richie Salinas    | JPL      | MR-JR       | 142.1        | 120+  | 245    | 255    | -265   | 185    | -197.5 | -197.5   | 245   | 255    | -265   | <b>695</b>   | 387.532 |
| 1     | Ron Lloyd         |          | MR-M1a      | 123.3        | 120+  | 235    | -245   | -245   | 185    | 190    | -192.5   | 280   | 285    | 290    | <b>715</b>   | 408.623 |

### Women's Push-Pull

| Place | Name       | Team | Division | Body Weight | Weight Class | BENCH |      |      | DEADLIFT |     |       | Total | Wilks   |
|-------|------------|------|----------|-------------|--------------|-------|------|------|----------|-----|-------|-------|---------|
|       |            |      |          |             |              | 1     | 2    | 3    | 1        | 2   | 3     |       |         |
| 1     | Lenny Behr |      | FR-O     | 58.4        | 63           | 42.5  | 47.5 | 57.5 | 92.5     | 105 | 112.5 | 170   | 193.562 |

### Men's Push-Pull

| Place | Name            | Team | Division | Body Weight | Weight Class | BENCH |      |       | DEADLIFT |       |     | Total | Wilks   |
|-------|-----------------|------|----------|-------------|--------------|-------|------|-------|----------|-------|-----|-------|---------|
|       |                 |      |          |             |              | 1     | 2    | 3     | 1        | 2     | 3   |       |         |
| 1     | Joseph Songco   | BPS  | MR-SO    | 58.3        | 59           | 57.5  | 62.5 | -65   | 102.5    | 112.5 | 125 | 187.5 | 164.231 |
| 1     | Ramiro Espinosa |      | MR-O     | 82.1        | 83           | 125   | 140  | 150   | 240      | 265   | 0   | 415   | 278.838 |
| 1     | Patrick Zaiontz | GE   | M-T2     | 97.8        | 105          | 155   | 170  | 177.5 | 195      | 212.5 | 220 | 397.5 | 244.144 |

### Women's Bench Only

| Place | Name            | Team | Division | Body Weight | Weight Class | BENCH |       |      | Wilks  |
|-------|-----------------|------|----------|-------------|--------------|-------|-------|------|--------|
|       |                 |      |          |             |              | 1     | 2     | 3    |        |
| 1     | Lynne Homan     | BPS  | FR-M2    | 58.7        | 63           | 70    | 72.5  | -75  | 82.215 |
| 2     | Deborah Guerra  | BPS  | FR-M2    | 62.1        | 63           | 37.5  | 42.5  | -45  | 46.147 |
| 1     | Lenny Behr      |      | FR-O     | 58.4        | 63           | 42.5  | 47.5  | 57.5 | 65.469 |
|       | Darby Dickerson |      | FR-M3    | 77.7        | 84           | -42.5 | -42.5 | -45  | 0.000  |
| 1     | Loraine Efron   | BPS  | FR-M2    | 63.5        | 72           | 42.5  | 45    | -50  | 48.042 |

### Men's Bench Only

| Place | Name            | Team | Division | Body Weight | Weight Class | BENCH |       |       | Wilks   |
|-------|-----------------|------|----------|-------------|--------------|-------|-------|-------|---------|
|       |                 |      |          |             |              | 1     | 2     | 3     |         |
| 1     | Mike Settles    | BPS  | MR-M4a   | 82.4        | 83           | 127.5 | 132.5 | 137.5 | 92.180  |
| 1     | Ramiro Espinosa |      | MR-O     | 82.1        | 83           | 125   | 140   | 150   | 100.785 |
| 1     | Brian Kline     |      | M-M3b    | 93          | 93           | 170   | 177.5 | -180  | 111.505 |
| 1     | Andre Gholson   | BPS  | MR-M1A   | 119.7       | 120          | 165   | 185   | 192.5 | 110.745 |
| 1     | Brian Kolenda   |      | MR-O     | 113.2       | 120          | 200   | 207.5 | -210  | 121.097 |
| 1     | Mark Bocanegra  | JPL  | MR-T3    | 111.2       | 120          | 160   | -170  | -170  | 93.856  |

### Women's Deadlift Only

| Place | Name                  | Team | Division | Body Weight | Weight Class | DEADLIFT |      |       | Wilks   |
|-------|-----------------------|------|----------|-------------|--------------|----------|------|-------|---------|
|       |                       |      |          |             |              | 1        | 2    | 3     |         |
| 1     | Lenny Behr            |      | FR-O     | 58.4        | 63           | 92.5     | 105  | 112.5 | 128.092 |
| 1     | Zellimar Ortiz Rosado | GE   | FR-Y3    | 36          | 47           | 37.5     | 47.5 | 60    | 94.440  |

### Men's Deadlift Only

| Place | Name            | Team | Division | Body Weight | Weight Class | DEADLIFT |       |     | Wilks   |
|-------|-----------------|------|----------|-------------|--------------|----------|-------|-----|---------|
|       |                 |      |          |             |              | 1        | 2     | 3   |         |
| 1     | Ramiro Espinosa |      | MR-O     | 82.1        | 83           | 240      | 265   | 0   | 178.053 |
| 1     | Brian Kline     |      | MR-M3b   | 93          | 93           | 152.5    | 162.5 | 165 | 103.653 |
| 1     | Kyle Brown      |      | MR-O     | 97.1        | 105          | 227.5    | 240   | 250 | 154.025 |